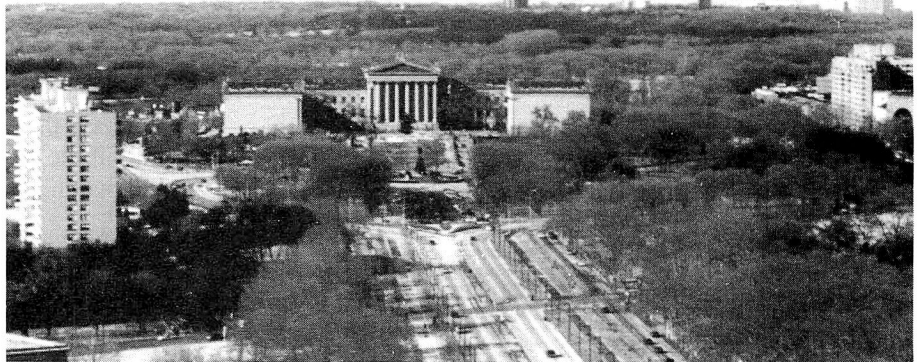


# Association of Gay and Lesbian Psychiatrists

VOLUME XX(1): FEBRUARY 1994

IN THIS ISSUE...

<b>Notices</b>	1
<b>Editor's Column</b> <i>David Scasta, M.D.</i>	2
<b>President's Column</b> <i>Margie Sved, M.D.</i>	3
<b>Early Career Psychiatrists Column</b> <i>Robert Clyman, M.D.</i> <i>Dan Karasic, M.D.</i>	3
<b>Announcements</b>	3
<b>APA Election 1994 Candidates Respond</b>	4
<b>Vice-President's Column</b> <i>Daniel Hicks, M.D.</i>	7
<b>CLGBP Form</b>	8
<b>Membership Form</b>	8



*The Philadelphia Museum of Art and Ben Franklin Parkway as viewed from the Hospitality Suite in the Embassy Suites*

### **Make Hotel Reservations Today**

If you have not already made your reservations for the Annual Meeting (May 21 through 25) at the Embassy Suites Hotel (1776 Benjamin Franklin Parkway, Philadelphia, PA 19103), do so now. Call (215) 561-1776 and asked to be placed in the "AGLP Block" of rooms. Rooms will be in critically short supply so do not delay. Rooms are \$145 per night for a single plus \$15 for each additional person. Each suite has a bedroom and a living room with an additional sofa bed for those couples who would like to double up. Each suite has a kitchen, and full course breakfasts and happy hour drinks are included in the room cost. The hotel is lesbian and gay friendly and in the middle of the APA activities.

### **Do you want to be in the 1995 Directories?**

Dues invoices have gone out with this Newsletter. Full and associate members will note that the cost of dues has gone from \$75.00 to \$100.00 this year, the first increase in six years. If you want to be in either the general membership *Directory* or the *Referral Directory*, make sure that you initial the release on your invoice to allow your name to be published in these non-confidential directories. You should return your invoice properly initialed even if you do not owe any dues. Your invoice will list "0.00" or a negative number (e.g., "-25.00") if you are paid up. If you do not send in your invoice with the consent blocks initialed your file will not receive the authorization mark to allow it to be included in the directory computer readout in November. If your dues are paid by March 15th, you will receive the *Gay Guide to Philadelphia* with your next newsletter in April. Additional copies will be available at the convention.

### **APA Candidates Respond to Newsletter Inquiries**

Before voting for candidates for President-Elect and Vice-President of the APA, read the responses of each of the candidates to questions posed by the *Newsletter* on page 4

## Editor's Column:

David Scasta, M.D.

### AGLP Membership

	12/92	12/93	1/93	1/94
Full Members	320	347	313	337
Residents	135	114	107	88
Medical Students	60	44	35	32
Associate Members	19	28	16	25
<b>Total</b>	<b>534</b>	<b>533</b>	<b>471</b>	<b>482</b>
Newsletter Only	26	17	21	12
Exempt	27	29	27	29
<b>Circulation</b>	<b>587</b>	<b>579</b>	<b>519</b>	<b>523</b>

After eight years of sustained growth, AGLP has shown its first year of stagnant growth. Much of our recent growth has been fueled by the women and graduating residents. Three or four years ago, Peggy Hackenbruck, M.D. and three or four other women stood alone in a mass of gay men at AGLP activities in the annual meetings. But Peggy persisted, recruited others, became president and opened AGLP to the women. Margie Sved, M.D., following in her footsteps, began recruiting not only women but strong armed many of those who attended the closing parties into signing up. Meanwhile,

Diana Miller, M.D., quietly answered membership inquiries year after year. As a result, the percentage of women in AGLP rose from a small handful to approximately 20%. The growth in the percentage of women is not finished. AGLP should be about 27% women if assumptions about the number of lesbians in the APA are correct.

Many of the residents who were in the great van guard of growth in the resident group have now become full members resulting in sustained growth in the full membership group. Our future lies with the residents and it concerns me that this group is not being replaced by new members as rapidly as they are graduating out.

We need to become more focused on bringing in new members. Look for an upgraded and much more public booth in the Exhibition Hall this year. I will try to make sure that we have membership application forms more available than ever this year. I hope the membership will also participate in the effort by talking to those who are not members and making sure that they have applications in hand.

Another opportunity for growth is at the opening reception. This year it will be located in the penthouse of the Embassy Suites Hotel. Each of the rooms will have a theme such as a Philadelphia beer bar, a local wines bar, a non-alcoholic juice bar and a women's bar and all of the rooms will feed into each other. Nothing is more intimidating to a potential member than to get up the courage to attend the opening reception only to be faced by a phalanx of humanity, none of whom talk to her or him. Or, after finally breaking the ice and talking to several members, to be left behind at the end of the reception as members break up to go out to eat with their friends. The shy person is doomed in this atmosphere unless we take the effort to include him or her and make that person feel truly a welcome part of us. If you come to the Annual Meeting this year, make it a point to include at least one new person in your circle and don't let anyone fade unwillingly into the woodwork. We are a community - each person lost on the periphery diminishes us all.

### The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor  
David Scasta, M.D.

Published quarterly and as needed from:  
1439 Pineville Road; New Hope, PA 18938.

Subscription cost: \$15.00 per year.  
Subscription requests and address changes should be sent to the above address.

The views expressed in the *Newsletter* are those of the writer and do not necessarily

represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

#### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Editor, *Newsletter of AGLP*, 1439 Pineville Rd.; New Hope, PA 19146. Submissions should be clearly readable. Submission on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which work processing program was used.

Submission become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

#### OFFICERS OF THE ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

<i>President</i>	Marjorie Sved, MD
<i>Vice President</i>	Daniel Hicks, MD
<i>Secretary</i>	Rochelle L. Klinger, MD
<i>Treasurer</i>	Larry M. Prater, MD
<i>Past President</i>	Marshall Forstein, MD

**President's Column:**

**Margie Sved, M.D.**

AGLP has been asked to be one of many reviewers for the Practice Guidelines being developed by the APA. I have agreed to be the liaison to whom the drafts will be sent. These drafts will be approximately 25 page manuscripts and will include sections on: Disease, Definition, Epidemiology, Natural History, Treatment Principles and Alternatives, and Recommendations. If you are interested in reviewing any of the practice guideline drafts below, please contact me at (919) 851-8851. I will provide you with the necessary information and will contact you when the drafts are available.

Topic	Anticipated Review Periods
Psychiatric Evaluation of Adults	Feb.-Apr., 1994
Schizophrenia	Oct.-Nov., 1994
Alzheimer's and Related Dementias	Feb.-Mar., 1995
Anxiety and Panic Disorder	Feb.-Mar., 1995

*Editor's Note: Margie and Grace are in Guatemala this month attempting to adopt a child who has a patent ductus arteriosus and may need open heart surgery. Look for a more extensive column in April.*

**Early Career Psychiatrists Column:**

**Rob Clyman, M.D.**  
**Dan Karasic, M.D.**

We look forward to Philadelphia. Last year in San Francisco, about 30 members attended a lovely brunch which Lowell Tong, M.D. graciously hosted in his picturesque home. A similar number gathered on the following Monday for a discussion of career goals and strategies. Plans for Philadelphia again include a Sunday brunch as well as a session in the AGLP hospitality suite on Monday. We hope to see many early career people join us in Philadelphia. Please feel free to phone either Dan (415-626-1745) or Rob (212-477-8557) with any questions.

**ANNOUNCEMENTS...**

The Supreme Court of Texas rejected arguments in a narrow decision that the state's sodomy law was unconstitutional. Gay sexual contact will return to classification as a Class C misdemeanor punishable by a small fine.

Mark Leary, M.D., announced the opening of two faculty positions at San Francisco General Hospital for psychiatrists specializing in the treatment of gays and lesbians. The first is an immediate opening for a full time position as a Team Leader Attending Psychiatrist for the HIV Focus Inpatient Psychiatry Team. The second is a 3/4 position available on July 1, 1994 for the new Lesbian and Gay Focus Inpatient Psychiatry Team. Responsibilities include teaching and supervision of psychiatry residents and medical students, clinical care of acute psychiatric inpatients and program development, and includes a University of California, San Francisco faculty appointment. For further information, call Mark at (415) 206-5216.

LAGCAP (Lesbian and Gay Child and Adolescent Psychiatrist) announced that the mid-Winter meeting will be at the Park Central Hotel in South Beach in Miami, February 19-21, 1994. For reservations, contact "Ritchie" at Kennedy Travel: 1-800-237-7433. For further information, write to LAGCAP, P.O. Box 570, Glen Oaks, NY 11004. E. Gerald Dabbs, M.D. was recently elected president of LAGCAP.

FEBRUARY 1994

VOLUME XX(1)

**1994**  
**ELECTION**

AMERICAN PSYCHIATRIC ASSOCIATION

## Candidates for President-Elect

### The Candidates Respond

1. *The mere offer of "Reparative Therapy" (therapy aimed at changing sexual orientation) is being challenged by some psychiatrists as unethical because they feel the treatment lacks efficacy and is harmful to patients by perpetrating self-hatred and side tracking the normal development of a gay or lesbian identity. What is your view on this matter?*

I have treated many gay, lesbian and bisexual patients. I have discussed the issue of "Reparative Therapy" with gay and lesbian friends and colleagues and I largely agree with the above statement.

Therapy must be conducted in an atmosphere of non-judgmental, non-prejudicial openness without any attempted imposition of therapists' values or agenda. By the same token, silence must not be imposed on the discussion of conflict about sexuality, whether about homosexuality, heterosexuality, bisexuality or asexuality. The vast majority of my gay and lesbian patients have made it clear they have no interest in "Reparative Therapy." They want their mental illnesses treated within a framework allowing for a full exploration of biopsychosocial factors contributing to and aggravating their disorders and, like anyone else, they want to be accepted. Occasionally patients, confused about their sexuality, have requested "reparative therapy." These individuals deserve, and are entitled to, the same open and non-judgmental opportunities to explore their issues as any other patient. Often their requests are discovered to reflect deep-seated self-hatred directly related to living closeted in harshly prejudicial environments.

2. *If you are elected, what role would you expect AGLP and the Caucus of Lesbian, Gay and Bisexual Psychiatrists to play in your administration?*

Central to the work I have done throughout my career is a passionate, ethical stand against any form of discrimination. Discrimination is the single most noxious social factor in the lives of gay, lesbian and bisexual individuals. The Administration's proposals to deny the mentally ill equal access to care discriminates against many patients including the sexually abused and those abused because of their sexuality. Since managed systems have so cruelly restricted care, they do not allow the time for those with damaged trust to feel safe enough to tell their stories. I would expect AGLP and CLGBP to advocate vigorously with me for true universal access to care. Never before in American history have Psychiatry and the mentally ill of the country been in such jeopardy. Government legislated discrimination against any group opens all to this perilous menace. Just as I believe every patient should have equal access to care, I believe our APA must be open to input from every member. I want and need your input as to how the APA can better serve your interests and the interests of all our patients. I will arrange for you to have direct access to the APA Office of Education so that you can work with them in expanding medical student and psychiatric residency sexual education. The Joint Commission on Public Affairs (JCPA) must become more active in public education. Gay, lesbian and bisexual psychiatrists have taken the lead in advocating adequate care for HIV patients and accelerated research into the cure of AIDS, even though this illness is endemic in the general population. Your involvement and constructive advocacy for public health needs to be acknowledged and supported. To paraphrase Catharine MacKinnon, the World needs to know that "a homosexual" is not yet the name of a way of being human. We must conquer this destructive bias.



*Harold I. Eist, M.D.*

1. *The mere offer of "Reparative Therapy" (therapy aimed at changing sexual orientation) is being challenged by some psychiatrists as unethical because they feel the treatment lacks efficacy and is harmful to patients by perpetrating self-hatred and side tracking the normal development of a gay or lesbian identity. What is your view on this matter?*

I agree with the view that the mere offer of "reparative therapy" is unethical and intrusive. There is no evidence of efficacy, and the offer could be potentially harmful to the individual. The Council of Medical Education discussed this issue and there was unanimous support for this point of view. If not requested, the offer should not be made to the patient.

This issue and others important to AGLP should be given priority attention and I would develop a close communication with leaders of AGLP to ensure timely response and action if necessary.

2. *If you are elected, what role would you expect AGLP and the Caucus of Lesbian, Gay and Bisexual Psychiatrists to play in your administration?*

As a member and former vice president of another caucus, I feel a strong bond toward CLGBP and the complexities of our role in the governance of the APA. As your elected Treasurer for the past four years, I have become knowledgeable about the internal organization of the APA as well as participating in major policy debates at the Board of Trustees level. I am convinced that the APA needs to proactively increase diversity in the participation of representatives of all members and at all levels of the organization. I would work to advance that position through consultation with your members.

American medicine is undergoing profound changes. During the debate on national health care reform, the challenge for psychiatry is to ensure equal access to a culturally competent, comprehensive continuum of health care services and non-discriminatory coverage for mental illness and alcohol and substance abuse related disorders. The APA needs to also take a leadership role with other medical colleagues to educate them about gay and lesbian issues.

If you elect me President of the APA, I will seek your assistance and advice on many issues including adoption, gay adolescent suicide, homosexuals in the military, medical research sensitive to sexual orientation, and AIDS treatment and research.

While Commissioner of the Department of Social Services in Massachusetts, I initiated a major adoption campaign to take children out of group homes and foster care and place them in loving homes regardless of the sexual orientation of the parent or parents. I would like the help of CLGBP and AGLP to promote this policy at the national and local level.

I strongly support your advocacy for inclusion of questions regarding sexual orientation in both the clinical trial and observational study portions of the Women's Health Initiative. Questions of sexual orientation need to be addressed in all medical research. I would welcome the opportunity to work closely with both the Administration and Congress on these major issues.

Implementation of new systems of health care delivery will necessitate the re-invention of advocacy for all of our patients. Social justice issues will arise and will demand our enlightened involvement.

Thank you for the opportunity to serve as your Treasurer for the past four years. I hope to have your support in this election.



Mary Jane England, M.D.

1. *The mere offer of "Reparative Therapy" (therapy aimed at changing sexual orientation) is being challenged by some psychiatrists as unethical because they feel the treatment lacks efficacy and is harmful to patients by perpetrating self-hatred and side tracking the normal development of a gay or lesbian identity. What is your view on this matter?*

The offer of "Reparative Therapy" indicates a therapist's orientation to provide treatment to change a person from a homosexual orientation to a heterosexual orientation. It removes the psychiatrist from a neutral therapeutic orientation and presents a negative bias from the outset in the treatment of gay and lesbian patients. I strongly feel that such a bias is anti-therapeutic and discriminatory. It should be opposed by the American Psychiatric Association and its leaders. In addition, "Reparative Therapy" lacks demonstrated treatment efficacy and does present the potential to harm patients. The APA removed homosexuality from DSM-II in 1973 and removed ego-dystonic homosexuality from DSM-III in 1987. A psychiatrist's neutrality is an essential aspect of effective treatment. Offering any treatment that is labeled, such as "Reparative Therapy," in a manner to prejudice the patient's identity is harmful and should be opposed.

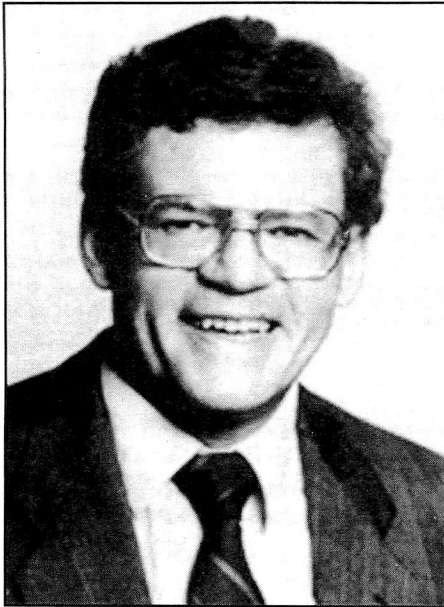
2. *If you are elected, what role would you expect AGLP and the Caucus of Lesbian, Gay and Bisexual Psychiatrists to play in your administration?*

I have chaired the psychiatry departments in Oregon and Colorado. In both universities I have worked to assure that gay and lesbian residents were welcome and entered a supportive, non-discriminatory educational/work environment. As chair of the APA Council on Medical Education and Career Development, I also have supported development and utilization of model curricula that addressed gay and lesbian issues. If elected as President-Elect of the APA, I would continue to pursue these goals. Diversity and non-discrimination are essential for the future of American psychiatry. I would seek active participation and appointment to APA components and committees from members in AGLP and the Caucus. Furthermore, I would expect all APA appointees to support these goals.



James H. Shore, M.D.

## Candidates for Vice President



*Rodrigo A. Munoz, M.D.*

1. *The mere offer of "Reparative Therapy" (therapy aimed at changing sexual orientation) is being challenged by some psychiatrists as unethical because they feel the treatment lacks efficacy and is harmful to patients by perpetrating self-hatred and side tracking the normal development of a gay or lesbian identity. What is your view on this matter?*

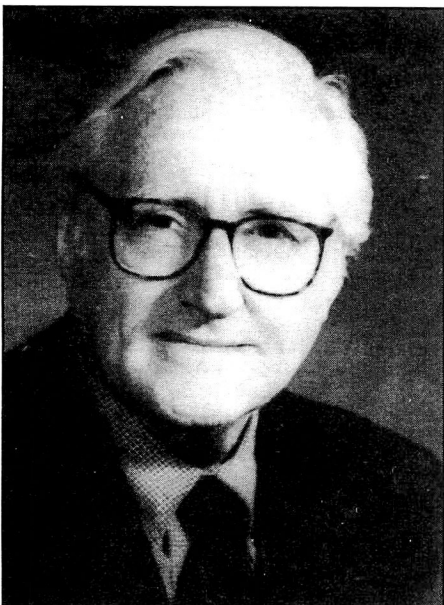
We should be enthusiastic about bringing the practitioners of "reparative therapy" in front of the ethics committees on two grounds:

1. If a therapist, pursuing his own personal bias, tries to induce a patient to follow a therapeutic program based on the therapist's assumptions rather than on a validated clinical diagnosis, the therapists may be in violation of section 1, annotation 1, of the Principles of Medical Ethics that states that, "The psychiatrist's ethics and professional responsibilities preclude him/her gratifying his/her own needs by exploiting the patient."

2. If the psychiatrist tries to provide treatment for conditions that are not psychiatric disorders, as would be the case for the target patients of "reparative therapy," (s)he may be in violation of section 6, annotation 2, of the Principles of Medical Ethics that enjoins psychiatrists to refuse treatment for situations that cannot be diagnosed as mental illnesses.

2. *If you are elected, what role would you expect AGLP and the Caucus of Lesbian, Gay and Bisexual Psychiatrists to play in your administration?*

I have been a strong supporter of gay and lesbian psychiatrists. They have courageously joined the other minorities in trying to change policies, programs, and decisions that may impair the proper integration of all psychiatrists to the activities of the APA. I have had the pleasure of counting among my closest friends a number of members of AGLP who for many years have been my comrades in arms in the long struggle toward elimination of prejudice in the APA. As APA Vice President, I will work in close cooperation with the same friends in order to continue the quest for better and adequate representation for all psychiatrists in the APA activities.



*Herbert S. Sacks, M.D.*

1. *The mere offer of "Reparative Therapy" (therapy aimed at changing sexual orientation) is being challenged by some psychiatrists as unethical because they feel the treatment lacks efficacy and is harmful to patients by perpetrating self-hatred and side tracking the normal development of a gay or lesbian identity. What is your view on this matter?*

The "offer" of "Reparative Therapy" reflects poor clinical judgment driven by unconscious prejudice and a willingness to distort the truth. The "mere offer" ignores the history of APA policy statements starting in 1973 and reflects a skewed political agenda which defies science and clinical experience. Wrong and damaging, the "offer" naively disrespects how patients see themselves and declares that the expression of sexuality is pathology. APA ethical opinions are case-derived; thus, a case would have to be brought by a plaintiff to stir debate which may yield a considered guideline. Some clinical judgments in our work may be poorly based, but this "offer" is stigmatizing, reflects bias and is hazardous to patients' self-regard.

2. *If you are elected, what role would you expect AGLP and the Caucus of Lesbian, Gay and Bisexual Psychiatrists to play in your administration?*

My special relationship to the AGLP and the Caucus has kept me close to their concerns, initiative and recommendations for action. I effectively used the political process to encourage the appointment of minority/under-represented members to APA components and have actively supported the work of the Commission on AIDS back to its earliest days with the Commission's establishment and development were being challenged. Elected Vice-President, I would reach out to AGLP and the Caucus to continue to keep me closely informed on emerging issues and to discuss and argue the wisdom of policy options and timing.

## Vice-President's Column:

### Daniel Hicks, M.D.

I hope everyone had a great holiday and '94 brings us all health and happiness. The Philadelphia committee is continuing to make arrangements for the May meeting; make sure you get your room reservation as soon as possible because there will be a hotel shortage. It could be a lot of fun doubling up and getting to know each other better in those large suites.

We are still looking for someone to help organize the Memorial Service. I have put feelers out to several people who said they may be interested, but no one has stepped forward to take charge. Every year we vote to continue this important tradition, but we need help in making it happen. I organized the service in New Orleans, and I think it's important to have different people involved to show our diversity and variety of ways to support one another and our beliefs. Please contact me if you are interested (202-576-4987 or H 202-483-3623).

The Hospitality Suite is larger this year and we have room to have break-out groups or concurrent sessions. We have some openings in the schedule, so if you have something you want to present, or want to have time for an informal meeting or discussion on any relevant topic, please let me know and we can get it in the schedule before it goes to print in February. We are pretty much running the same groups as last year with a few minor changes; if you haven't replied about your group or time, you will appear on the schedule the same as last year.

The Saturday Preconvention program at the hotel is shaping up, with many people volunteering to help out as facilitators. The day is open to significant others also. The theme is "Celebrating Stonewall: Our Past, Our Future." We are fortunate that our two honorees this year, Frank Kameny and Barbara Gittings, have agreed to do a presentation about the early days of the gay liberation movement. Frank was one of the founders of the Mattachine Society, one of the first gay activist groups, and Barbara was one of the original lesbian activists. Our own John Fryer, M.D. will talk about the "GayPA" and being the anonymous psychiatrist and how it changed the APA. The afternoon sessions will be broken up into discussion groups. Everyone will be able to attend and participate in two different breakout sessions on current issues facing the AGLP today in which we need to become involved. The tentative schedule is as follows:

### Pre-Convention

**Saturday,  
May 21, 1994**

- |                 |   |
|-----------------|---|
| 10:00 AM        | Welcome and introductions (Margie Sved, President, and Dan Hicks, Vice-President)   |
| 10:15 - Noon    | Presentations by Barbara Gittings, Frank Kameny, and John Fryer   |
| 12:00 - 1:30 PM | Lunch in the Hospitality Suite (40-45 lunches available on site) or on your own.  |
| 1:30 - 3:00 PM  | Concurrent Sessions 1: <ul style="list-style-type: none"> <li>• Teaching about Homosexuality (Terry Stein, Shelly Klinger, David Krefetz, &amp; Mark Townsend)</li> <li>• Community Activism, Combating Discrimination (William Herz, Phil Ballen)</li> <li>• Gay Families, New and Old (Margie Sved and Grace Bullen, Marshall Forstein and Kerry (tent.))</li> <li>• Practical Assistance for HIV-Infected Health Care Workers (Mark Cooper, possibly Ben Schatz, Arthur Milone)</li> <li>• Approaching Homophobia as a Health Hazard (Bob Cabaj, Gary Kramer, ?Dee Mosbacher)</li> <li>• Special Issues in Gay and Lesbian Psychotherapy (Peggy Hanley-Hackenbruck, Debbie Carter, Todd Mandell, Guy Glass)</li> </ul> |
| 3:00 - 3:15 pm  | Break   |
| 3:15 - 4:30 pm  | Concurrent Sessions 2: (repeat above)   |
| 4:30 - 5:00 pm  | Wrap-up and closing comments  |

If anyone else feels they want to help facilitate one of these groups, please let me know. This convention allows us to teach each other our own expertise(not yet available in textbooks or teaching programs. One of the best things AGLP does is provide each other support and knowledge to move toward more openness and health, and to enable us to have impact our communities. In some ways, the Clinton administration has opened doors for gays and lesbians to claim their rights, but not without great effort. As psychiatrists, we are in a unique position to provide leadership and direction to make these changes. Hopefully our meeting will give you some ideas and initiative to help you in your own journey.

FEBRUARY 1994

VOLUME XX(4)

## AGLP Membership Application Form

Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Preferred first (nick) name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Country: \_\_\_\_\_

Membership Status: \_\_\_\_\_

(Full Member - \$100.00, Associate Member - \$100.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$20.00)

Date membership status changes: \_\_\_\_\_

Are you a member of the American Psychiatric Association?  Yes  No

Special Instructions: \_\_\_\_\_  
(e.g. label "Personal")

Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members?  Yes (Initial) \_\_\_\_\_  No

Do you want to be a NON-CONFIDENTIALLY LISTED referral source?  Yes (Initial) \_\_\_\_\_  No

If yes, fill in office address and phone number and list specialty information below.

### OPTIONAL

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make check out to "AGLP" and mail to:  
AGLP; 1439 Pineville Rd.; New Hope, PA 18938

Speciality: \_\_\_\_\_

## APPLICATION FORM

Caucus of Lesbian, Gay & Bisexual  
Psychiatrists

American Psychiatric Association

*(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

\* APA Membership Status: \_\_\_\_\_

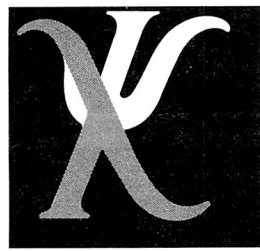
Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Send this form to: Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005

\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow





# Association of Gay and Lesbian Psychiatrists

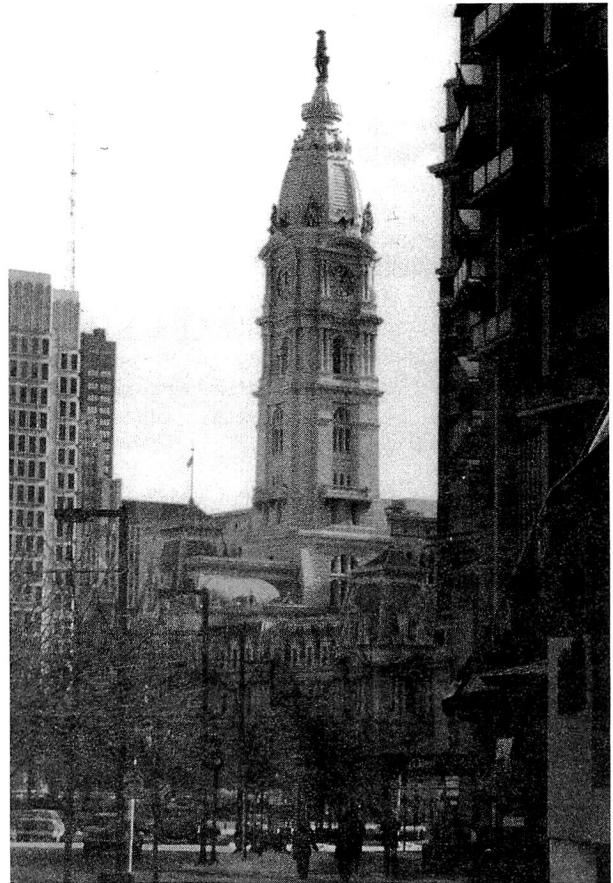
VOLUME XX(2): May 1994

IN THIS ISSUE...

<b>Convention 1994</b> <i>Dan Hicks, M.D.</i>	1
<b>Editor's Column</b> <i>David Scasta, M.D.</i>	2
<b>President's Column</b> <i>Margie Sved, M.D.</i>	3
<b>An Interview with Barbara Gittings</b> <i>David Scasta, M.D.</i>	4
<b>An Interview with Franklin Kameny</b> <i>David Scasta, M.D.</i>	6
<b>Eighth Annual Distinguished Service Award</b>	7
<b>Announcements</b>	7
<b>AGLP Convention Events</b>	8
<b>APA Convention Events</b>	9
<b>Political Action Committee</b> <i>Dan Hicks, M.D.</i>	11
<b>Resident's Column</b> <i>Howard Rubin, M.D.</i>	12
<b>Psychiatrists of Color Column</b> <i>Gene Nakajima, M.D.</i>	12
<b>Letters to the Editor</b> <i>Evan Wolfson, Esq.</i>	12
<b>Membership Form</b>	14
<b>CLGBP Form</b>	14
<b>Reservation Form</b> <i>Annual Awards Banquet</i>	14

*Philadelphia*

**1994**



*Philadelphia City Hall as viewed from the  
Embassy Suites Hotel*

## Dan Hicks, M.D.

We are finalizing plans for AGLP functions at the APA in Philadelphia. There are some open times in the Hospitality Suite; if anyone wants to schedule a group or meeting, just let me know (new office number 202-576-1739 or home, 202-483-3623). The Saturday Pre-convention looks interesting and exciting, and I thank all those who volunteered to facilitate it. I am looking forward to a great meeting and a wonderful reunion with all my AGLP friends. Please see the article on page 11 of this *Newsletter* about the Political Action Committee. We all need to become involved in helping to create a healthier world.

Saturday Pre-convention  
*Celebrating Stonewall*  
May 21, 1994  
Fairmont and Logan Rooms  
Embassy Suites Hotel  
17th and Ben Franklin Parkway

Pre-Convention Schedule Continued on page 13

## Editor's Column

David Scasta, M.D.

**P**hew! There! Just swept off the front porch. Now Philadelphia is ready for AGLP. We do it right. To my good friend, Howard Rubin, M.D. (see Residents' Column) who describes himself as a New York snob and is patronizing in his description of Philadelphia – Psttttt! This year will be better planned, better executed and cheaper than we have ever been able to achieve at any Annual Meeting before. (We are saving money for the new permanent office to be opened in Washington, DC this summer.) New York will have to take lessons because Philadelphia will be fun. By now you should have received your *Gay Guide* (if you dues are paid) which will detail a wealth of places to see and activities to do. If you did not get a copy, pick one up at the Exhibit Booth (I've let my lover, Robert, loose on designing the booth this year, which is dangerous. It WILL be different.) or at the Hospitality Suite (look for two meeting rooms and a large hospitality area with spectacular view). The carpet is out and we ARE ready.

I wish to especially thank John Fryer, M.D. who was the major factor in setting up our hotel and Hospitality Suite early and who is graciously hosting the closing party at his house. We will be using school buses this year to shuttle members between his house in Germantown and the Embassy Suites Hotel. A bus will leave every 30 minutes throughout the evening saving members from getting lost or having to get a taxi. The same buses will be used to shuttle members from the Convention Center and the Embassy Suites to the awards banquet at Palumbo's Cafe and Restaurant in South Philly (in the heart of the Italian neighborhoods. The buses will get you back to the Convention Center by 2:00 pm so we will not need 40 taxis all at once outside Palumbo's.

I also wish to thank Roy Harker, our *Newsletter* graphics artist who volunteered to write the *Gay Guide* for us this year with the provision that he can use the material to market his own guide after the convention. He did not have to twist my arm on that deal.

Dan Hicks, M.D. deserves special praise for handling all of the details of the scheduling. He put together the Hospitality Suite schedule, badgered participants into getting their programs set, served as the liaison with the APA (sometimes on a daily basis), and pulled together the Pre-Convention. Dan did an enormous amount of work.

Larry Prater, M.D. is just beginning to do his thing. (Oh be quiet Larry, you know what I mean.) He will be collecting all of the reservations for the Awards Luncheon, keeping our membership money coming in and putting together those all important financial reports. Shelly Klinger, M.D. will follow with the cumbersome chore of transcribing all of our official business activities. Margie Sved, M.D., our president, despite a new baby, continues to direct, suggest, cajole and plan our way into the 26th year AS (After Stonewall).

Finally, I want to thank the local advisory committee which I have called upon throughout this process for advice and recommendations: John Fryer, M.D., Gary Kramer, M.D., David Krefetz, D.O., Dick Limoges, M.D., Tony Marino, Jr., M.D., Larry Miller, M.D., and Steve Sokoll, M.D.

Before I close my column, I want to apologize to about two dozen members who have been the victim of my computer. Somehow some of last year's dues were applied to this year causing some members to be underbilled for this year's dues. For those of you whom the error affects, I hope you will be understanding when you receive a second billing. You will still receive your *Gay Guide* and other material, however, even though your account is not paid up.

Issue 2, Volume 2 of the *Journal of Gay and Lesbian Psychotherapy* is being pulled off the presses as I write this column. If you are a full or associate member, you should receive your copy about the time you receive this *Newsletter*.

See you in Philly,

David

Philadelphia

1994

### The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor  
David Scasta, M.D.

Published quarterly and as needed from:  
1439 Pineville Road; New Hope, PA 18938.

Subscription cost: \$15.00 per year.  
Subscription requests and address changes should be sent to the above address.

The views expressed in the *Newsletter* are those of the writer and do not necessarily

represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

#### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Editor, *Newsletter of AGLP*, 1439 Pineville Rd., New Hope, PA 19146. Submissions should be clearly readable. Submission on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which work processing program was used.

Submission become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

#### OFFICERS OF THE ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

<i>President</i>	Marjorie Sved, MD
<i>Vice President</i>	Daniel Hicks, MD
<i>Secretary</i>	Rochelle L. Klinger, MD
<i>Treasurer</i>	Larry M. Prater, MD
<i>Past President</i>	Marshall Forstein, MD

## President's Column

Margie Sved, M.D.

**F**inding time to write this column with a very active and interactive seven month old daughter has been much harder than I expected! Right now she is sitting on my lap while I type one-handed since that seems to be the only thing that keeps her from crying today. Parenthood has given me a new perspective on so, so many things.

I am sorry I missed last issue's column. By now, the APA elections should be over, but I have not yet heard the results. Also, by this time most of the planning that can be done for the May meeting has been done. The results of that planning are included with this *Newsletter*. We have much to look forward to in Philadelphia, including many things the APA has planned for the sesquicentennial celebration. But, of course, the highlights for many of us are the AGLP events and being able to spend time together. I hope many people have been able to make plans to arrive for the Saturday program. The afternoon will have a variety of discussion groups (which is a format many people have requested the past few years) thanks to the few people who continue to do a lot of work to make sure the AGLP events happen.

Our members and our issues are increasingly well represented in the official APA program of workshops, symposia, discussion groups, and case conferences. Many of us want to support our membership by attending "our" presentations, even though we are often the people who least need to hear the content. This leaves less and less time to attend anything else! For instance, for my paid job, it would be helpful if this year I could attend several sessions related to "Deafness and Mental Illness." But, just as in almost every aspect of our lives, each of us will have to set priorities for what to do at APA and I hope we can support each other in these choices. Also, given the "Letters to the Editor" that continue to be sent to *Psychiatric News*, I was particularly delighted to see the Joint Session with the American Academy of Psychoanalysis on "Gay and Lesbian Patients: New Psychoanalytic Perspectives."

The response of our membership to the "Reparative Therapy" survey, which Shelly Klinger and I placed in the December *Newsletter*, was very disappointing. We know there are more of you who have personally been affected by previous therapists' attempts to change your sexual orientation, and probably everyone one of us can relate at least one story involving a patient. We really do need this anecdotal information to further our position within APA that "reparative therapy" is unethical. I will have copies of this survey available in the Hospitality Suite and at the Business Meetings in Philadelphia. If you will not be in Philadelphia and cannot find the survey you were sent, just write to me (anonymously is fine) (Margery Sved, M.D., 1100 Lake Cove Court, Raleigh, NC, 27606) with any experiences you, your friends, and your patients/clients have had with attempts of a therapist to change sexual orientation. Thanks.

I also want to share with you my experience of being very closeted during our adoption process in Guatemala. We knew that being closeted was a sacrifice we were willing to make in order to adopt, but had not realized how difficult this would be on a daily basis. We constantly felt the strain on our relationship and especially were aware of the energy we were using. We were in situations in which looks and even casual touches had to stop. We had to remember to use caution in the words we chose to use. We pretended to be good friends – that just one of us was the mother. It had been a long time since either of us had experienced anything approaching this degree of coerced wariness. After a time of being closeted, we felt a tiredness and edginess that had not been caused by lack of sleep, travel, or legal paperwork. We wondered what the world would be like if everyone who is currently using that much energy to remain closeted could use that energy in other, productive directions.

On the other hand, we have had innumerable good experiences, too: being treated like a family at the Ronald McDonald House, receiving a letter from a nurse who we saw at a clinic appointment telling us her difficulties with custody issues and her lack of community, having a baby shower at my work that most of my peers and superiors attended (and for which my very rural North Carolina secretary made corsages for both of us from baby socks and pink diaper pins). I am looking forward to my daughter joining us at APA/AGLP this year, and hope she will still enjoy meeting new people as much as she does now!

*Photo taken at American Psychiatric Association's annual meeting in Dallas in May 1972, at a panel called: "Psychiatry: Friend or Foe to Homosexuals? A Dialogue." Shown left to right: Barbara Gittings, Dr. Franklin Kameny, and Dr. H. Anonymous*



*Photo: Kay Tobin Lajusen.*

## An Interview With Barbara Gittings

by David Scasta, M.D.

*Tell me about starting the New York chapter of the Daughters of Bilitis.*

In 1958 when I joined "The Movement" at age 25, it was ten years old but very small – perhaps only 200 of us in the entire United States. It was like a little club. We knew each other even though we were three thousand miles apart. It was rather scary because everything we did, we had no way of knowing what the outcome might be. We had very little support. There wasn't any publicity. We had just begun getting on radio talk shows – you know, the ones that are late at night when the children are in bed. The only occasional comments in the newspapers were along the lines of: "Perverts Dismissed from the State Department." We were completely invisible. How do you organize an invisible people?

The groundwork had already been laid by the first gay activist groups on the West Coast: One Incorporated, the Mattachine Society and the Daughters of Bilitis. The groups put out publications and tried to get them in circulation. That was difficult because these magazines and newsletters couldn't be sold anywhere. And, most people were afraid to have their names on any kind of gay mailing list. But you knew that for every person that got a copy by subscription, there were probably six to eight other people who were seeing it – passed around, hand to hand and through the mails privately.

In 1958 I was asked by the Directors of the Daughters of Bilitis on the West Coast to start a chapter in New York. Even though I lived in Philadelphia, I was the person they tapped because they figured that I had enough friends and knew enough contacts in the New York area to do the job. We were very dependent upon help from the Mattachine Society's New York office at the time.

In the early days when we tried to have a public event, it would usually be something solemn and serious like a lecture. And, who did we call on for these lectures? It would usually be people from the fields of psychiatry or religion or the law. We would sit there listening to people telling us dreadful things about ourselves simply because it was important to get ourselves established as a serious movement worthy of being listened to by mainstream, credentialed professionals. We were therefore willing to listen to bad things. Well, that didn't last for long.

In the 1960s we began to feel stirrings of militancy in parallel with the Black civil rights movement. We began to feel that the problem was not in us; the problem was in Society's attitude toward us. I remember that Frank Kameny prepared the "Antisickness Statement" which said that, in the absence of valid scientific evidence to the contrary, homosexuality is not any kind of disorder, malfunction, maladaptation, etc. but is fully the same as heterosexuality and on par with it. He later coined the phrase, "Gay is Good" paralleling "Black is Beautiful." That concept was rather controversial. He got his Mattachine Society in Washington to pass

---

***We were completely invisible. How do you organize an invisible people?***

Continued on next page

Continued from previous page

the anti-sickness statement. It was not the easiest thing to pass, however. We were mired in the psychiatric outlook on homosexuality which was very difficult to move away from. Frank's statement was a major breakthrough for us. It was adopted eventually by virtually all of the gay organizations then in existence on the East Coast and gradually by others around the country. The statement was important because it finally said, "Look, they are the ones who are creating the problem, we're going to step away from it. Our problem is one of civil rights and we're going to go out and get our civil rights. The psychiatrists can go wallow in their own stuff."

And that's what we did. The first major gay picketing demonstrations began at that time in the mid 60s in Washington, DC and in Philadelphia at Independence Hall. That was a very scary thing to do. There were only a tiny handful of people who could afford to be that public to take part in the demonstrations. Suppose your boss saw you on the evening news and fired you. Or, your picture might appear on the front page of your parent's hometown newspaper and cause a scandal. Or, some bystander might throw insults, or worse, stones or bricks at you. And, we always knew that we were being constantly watched, photographed and taped by government agents at all levels. They were tape recording us and photographing us both close up and long distance.

*What allowed you to take those risks in those demonstrations?*

I simply had decided at each little step along the way that I probably did not have as much to lose as other people. I was on my own. I did have a job, but I did not feel that it was that much at risk. I was taking a chance, but, I figured, I'll do it. It was not a major coming out in a fling open the door and say, "Hello World, here I am" manner. Each time I would make a decision. Should I accept this invitation to go on the radio show, and if so, should I use my full name or just my first name? Shall I agree to talk to this newspaper reporter, and, if so, should I let my name be published? Should I get into this picket line and be subject to photographs, or shall I paint the signs and do other work in the background. At every step, I made the decision, "Yes, I'll try to be a little more public" because there were so few of us who could do it.

I worked in primarily clerical jobs during those days. However, from 1971 to 1986, I headed the gay group in the American Library Association. I was not a librarian. The Association didn't need librarian skills as much as it needed people who were good at propaganda, theater, making publicity, making waves. It was a heady experience.

It was during this same time that I became involved in activities associated with the American Psychiatric Association. My first experience with the APA was sort of, "sub Rosa." I went to the APA conference in Boston as a kind of "sheep in wolf's clothing." I went as a representative of a gay organization with the name, "Institute of Social Ethics." Nobody knew anything about the organization. But I got a badge and went around listening to what they were saying about us and it was appalling. Then I heard in 1970 that a group of gays and feminists had invaded the meeting in San Francisco and had broken up a behavior therapy session saying to the psychiatrists, "Stop talking about us and start talking with us." The APA conference managers are very smart people. They knew that if they tried to hold the door against further demonstrations, it would be an unending battle and it would look very ugly. So they opened the door wide. They arranged a panel of gay people the following year in Washington. The panel topic was, "Lifestyles of Non-Patient Homosexuals," which we called, "Lifestyles of Impatient Homosexuals." It was the first time that the APA recognized officially that there were homosexuals who were not patients in therapy and did not feel the need to be in therapy. The following year, there was another panel at the APA convention in Dallas, with John Fryer. That was my lover's idea. When the panel was set up, Kay said, "We have gays who are not psychiatrists and psychiatrists who are not gay. What we really need is a psychiatrist who is gay." I can tell you it was not easy to find a gay psychiatrist at that time. I finally got John to agree to do it with a fright mask, a wig and a distort microphone. I also got letters from other psychiatrists who were willing to have their letters read without their names. John's presentation really rocked the audience. It was the first time they had heard someone in their own profession telling what it was like to be in the closet as a psychiatrist. During the next few years I continued to work with the APA. It was also the time when the gay caucus began to solidify. So I like to call myself the Fairy Godmother of the caucus.

*Tell me about you personally.*

I had my own personal brush with psychiatry at age 18 or 19 in my first year of college, which I never finished. I went to see a psychiatrist in Chicago and told her about my feelings. And I asked, "Am I a Homosexual?" She said "Yes, you are," and she offered to cure me. I walked away from it. I thought at the time that I probably should try to be cured; that was the going thinking, of course. But I didn't have the money and I didn't want to tell my parents why I wanted the money, so I never did go – thank goodness. The best bit of therapy I ever had was being in the Movement and meeting other people and doing something for our common good.

I have been together with Kay Lahusen for 32 years. Despite having none of the social supports that heterosexual couples have, we are together because we want to be together. At the moment we are spending much of our time taking care of my mother's affairs. She is in a nursing home in Delaware. I therefore don't have as much time as I use to in the salad days of the Movement. But, I do keep my hand in marches and rallies whenever possible and I give lectures and workshops.

---

*At every step, I made the decision, "Yes, I'll try to be a little more public"*

## An Interview with Franklin Kameny

by David Scasta, M.D.

Frank Kameny, a 68 year old articulate, often abrasive, Ph.D. astronomer from Harvard, along with Barbara Gittings was one of the most influential gay activist in this century on the American Psychiatric Association regarding the issue of homosexuality. In 1961, the Mattachine Society which had been formed 10 years before on the West Coast, decentralized in March of that year. Frank became a part of a newly formed local group in Washington, DC area and founded its first chapter on November 15, 1961. He would have preferred a different name, because **this** Mattachine Society was different and independent. Prior to that time, the various gay sympathetic societies were in Frank's words, "bland, unassertive and apologetic – none of which suited my personal style." The Washington group became "the first explicitly militant and activist gay organization in the country. In 1962 we began fighting the ban on gays in the Civil Service and in August of that year began campaigning against the same ban in the military." In 1963 they began the effort to remove the Washington, DC sodomy laws which was finally successful in September of 1993. In 1963 or 1964, the group initiated a campaign against the American Psychiatric Association's characterization of gays and lesbians as "sick."

In 1969 Stonewall demarcated the beginning of true grassroots gay activism fueled in part by the atmosphere of the Vietnam War protests. Several groups began using aggressive, confrontational attacks on the various psychological groups. In 1970, the Annual Meeting of the APA was held in San Francisco. The local gay activists groups embarked on a strategy to disrupt some of the APA sessions on homosexuality. Irving Beiber, M.D., sitting on a panel on homosexuality and transsexuality faced for the first time a mob of protesters who were in a very ugly mood. The mood got even uglier at a presentation by Nathaniel McConaghy on aversion therapy.

Kent Robinson, M.D. a psychiatrist from Baltimore, subsequently met with Larry Littlejohn, one of the organizers of the San Francisco assault, to attempt to defuse the protest and served as a go-between with the APA hierarchy. A panel discussion was arranged with Frank, Larry Littlejohn and several other activists as participants in 1971. Because of the panel discussion, they received meeting badges and could enter the APA meetings officially. The Washington groups: the Gay Liberation Front, the Gay Alliance and a few remaining Mattachine Society members along with an assorted crew of Vietnam War protesters (who had closed down the city of Washington that weekend), wanted to "do something more" than the panel discussion alone. A Trojan Horse strategy was devised. Rock Creek Park, behind the Shoreham Hotel, was scouted out and paths via back doors into the meeting hall for the Convocation of Fellows were carefully mapped. The panel members sat down at the front of the hall and waited for the back doors to open. Pandemonium broke out as 30 to 40 activists broke into the hall. However, one of the activists who was supposed to take the microphone from the speaker got caught behind a fire door which closed on him and locked so that he could not get into the hall. For awhile the group milled around waiting for something to happen but the microphone remained firmly in the hands of the moderator. Frank jumped up from his seat, rushed to the microphone and pushed the moderator aside. According to Frank, the moderator was pretty sharp. He asked Frank what he was doing. When Frank said he was taking over the microphone, the moderator asked Frank's name and said he would introduce Frank, which he did. Frank then launched into a tirade against the American Psychiatric Association berating them "in no uncertain terms for what they were doing to us (gay people)." One of the Fellows pulled the microphone plug. Frank did not need a microphone. The audience responded with shaking fists, calling the group "Nazis." After Frank's denunciation, the group left and the convocation continued without incident. His panel discussion went smoothly and without incident.

In 1972, Barbara Gittings and Frank arranged for an exhibit booth at the APA convention in Dallas entitled, "Gay, Proud and Healthy." A panel discussion was set up with Barbara, Frank, Judd Marmor, M.D. and John Fryer, M.D. (Mr. H. Anonymous). According to Frank that meeting was significant because it was Dr. "Marmor's about face. Some of the things he had said in the original version of his book were really quite unacceptable. He took another look and he indicated that he was reversing his position on some things and he has always been a firm supporter ever since." [Editor's Note: Judd Marmor, M.D., was the first recipient of the AGLP Annual Distinguished Service Award in Chicago in 1987.] Later in the convention, Frank attended the APA banquet and began dancing with another man in a sea of heterosexual couples.

---

*Prior to that time, the various gay sympathetic societies were in Frank's words, "bland unassertive and apologetic - none of which suited my personal style."*

Continued on next page

Continued from previous page

According to Frank, "Then things began to get going. You know the APA has a structure which is so complexly Byzantine, it would do for running a whole large country." The district branches began to move. Robert Spitzer, M.D., a member of the APA's Committee on Nomenclature, set up a formal presentation of gay activists' views in the 1973 Annual Meeting in Hawaii, setting the stage that year for removal of the diagnosis of homosexuality from the DSM-II on December 15, 1993.

On a personal note, Frank was born and educated in New York. He was aware that he was interested in other males at age 13. He was "very conscious of the fact that in junior high school, when the boys around me were looking at attractive girls walking down the corridor and making remarks, I was looking at attractive boys not making remarks." He did not take a gay identity, however, until his 29th birthday while working as an observational astronomer in Tucson, AZ. There he "met some people and one thing led to another and I really came out. One of the greatest single regrets of my life was the approximately 15 lost years between my early teens and age 29. Then I proceeded to make up for lost time for several years. Things sort of settled in after that."

Frank, did his undergraduate work in physics at Queens College, was in combat in World War II, returned to Harvard and got his Masters and Ph.D. in astronomy. He originally worked for the Army Map Service and was dismissed because of the ban on gays in the Civil Service. He unsuccessfully fought his case for several years and subsequently moved on to his role as a gay activist leaving his role as a physicist.

In the 1960s Frank became a national authority on security clearances for gay people. Over the last 10 years he has worked as a "paralegal" providing expert administrative advice for gay people seeking security clearance. He has been involved in the Military issue working on the Machelvich case in the middle 70s and in last year's effort to overturn the ban on gays in the military. He has a number of plans to continue that effort, noting with a twinkle in his voice, "and that will become known in due course."

## Frank Kameny and Barbara Gittings Awarded the Eight Annual Distinguished Service Award

On Wednesday, May 25, 1994, Frank Kameny and Barbara Gittings, two of the early gay activists who profoundly affected APA policy on gays and lesbians, will receive the Annual Distinguished Service Award of the Association of Gay and Lesbian Psychiatrists. Both award winners will be talking about their experiences and our history during the pre-convention in Philadelphia on May 21, 1994. The preceding articles are interviews which describe some of their early work and document our history.

## ANNOUNCEMENTS

Margie Sved, M.D., and Grace Bullen joyfully announce the arrival of Eliana Clare born August 8, 1993 and brought to their home on January 8, 1994.

The American Association of Physicians for Human Rights (AAPR) has published a guide entitled, *The Legal Rights and Obligations of HIV-Infected Health Care Workers*. The guide is available from: AAPHR, 273 Church Street, San Francisco, CA 94114, (phone 415-255-4547) for \$10.00 (\$5.00 for AAPHR members). Make checks payable to "AAPHR-MERP."

Bertram Shaffner, M.D., has been elected to the rank of Supervising Analyst of the Willam Alanson White Institute of Psychiatry, Psychoanalysis and Psychology.

CDRP, Inc. has announced the publication of a computer CD-ROM legal guide for AIDS entitled, *HIV/AIDS Resource Guide*, for DOS based systems for \$29.95. For information, write to CDRP, Inc., 101 Rogers Street, Suite 204, Cambridge, MA 02142-1049, 617-494-6094.

Lambda Legal Defense and Education Fund, Inc. Announced 16 victories in four months in a series of cases dealing with lesbians, gay men and people with AIDS. Favorable settlements were won in the following areas: the military ban, anti-gay initiatives, equal health benefits for lesbian and gay employees, housing rights, employment discrimination, public accommodations, custody and adoption, immigration, insurance caps on AIDS, universal precautions in the medical setting, access to health care for HIV-infected patients, and employment rights of HIV infected health care workers. For information, write to LLDEF, Inc., 666 Broadway, 12th Floor, New York, NY 10012 or call (212) 995-8585.

## AGLP Events

### SATURDAY, MAY 21ST

10-5 pm **Pre-convention - Celebrating Stonewall: Our Past, Our Future;**  
Embassy Suites Hotel,  
1776 Ben Franklin Parkway,  
Fairmont/Logan Rms. (Top Floor)  
(Optional Lunch \$15.00)

6:30-7:30 pm **AIDS Memorial Service**  
Ethical Society  
1906 Rittenhouse Square  
(18th & Locust), 735-3456

8-10 pm **Lesbian Dinner**  
Call Susan Ball (627-4766) for place  
and reservations.

9:30-11:30 pm **Psychiatrists of Color and Friends Party**  
(Victor Carrion, MD), 1329 Lombard,  
#306, 790-0354

### SUNDAY, MAY 22ND

10 am **Hospitality Suite opens**  
Fairmont Room  
(Group Meetings in the Board  
Room and Conference Center  
Lounge) Embassy Suites Hotel,  
1776 Ben Franklin Parkway,  
Philadelphia, PA 19103  
(215) 561-1776

11 -2 pm **Early Career Psychiatrists Brunch**  
Call Neil Cohn (545-6957) for  
reservations.

11-2 pm **Resident Brunch**  
Call Howard Rubin (619-291-3944)  
for reservations

1-2:30pm **Joint Meeting of the AGLP Task Force on Psychoanalysis and the Committee on Homosexuality of the American Psychoanalytic Association**  
Board Room, Hospitality Suite

2:30-5 pm **Films:**  
**A Safe Place** by Amos Guttman  
Guttman's first short film explores  
a school boy's struggle with his  
emerging sexual identity. Hebrew,  
English subtitles;  
**Things We Said Today** by J. Miller-  
Monzon (A light hearted short film  
about an idiosyncratic woman who

drifts from job to job and lover to  
lover - until she meets Jo.)  
Sponsored by the *Journal of Gay  
and Lesbian Psychotherapy* (Scasta)  
Fairmont Room, Hospitality Suite

5-6 pm **AA Meeting** (anonymous)  
Board Room, Hospitality Suite

6-7 pm **Lesbian Reception**  
Conference Center Lounge and  
Boardroom, Hospitality Suite.  
(Lounge will serve as the Women's  
Networking Suite during the  
Opening Reception from 7-9 pm)

7-9 pm **Opening Reception**  
All Penthouse Meeting Rooms of  
the Embassy Suites Hotel (top of  
the hotel), 1776 Ben Franklin  
Parkway

### MONDAY, MAY 23RD

10-10:30 pm **Lesbian Significant Others** (Bullen)  
Conference Center Lounge,  
Hospitality Suite

10:30-12 n **Significant Others Discussion Group**  
(Duckett, Bullen) Boardroom,  
Hospitality Suite

12 n **Significant Others' go to lunch**

2-4 pm **Self Disclosure in Therapy**  
(Forstein) Conference Center  
Lounge, Hospitality Suite

4-5 pm **Early Career Psychiatrists**  
(Clyman, Townsend) Board Room,  
Hospitality Suite

5:30-7 pm **AGLP Membership Meeting**  
Clover Room, Hotel Atop the  
Bellevue

8 pm **Support Group for Persons Living with HIV**  
Conference Center Lounge,  
Hospitality Suite

### TUESDAY, MAY 24TH

10:30-12 n **Couples Group**  
(Vockel, Ross) Conference Center  
Lounge, Hospitality Suite

12-1 pm **Lesbian Residents and Medical Students**  
(Atkins, Link) Bring your lunch or  
eat before,  
Boardroom, Hospitality Suite

Continued on next page



Continued from previous page

- 1-2 pm **Gay and Lesbian Medical Students and Residents**  
(Atkins, Rubin, Link Schmidtberger)  
Fairmont Room, Hospitality Suite  
*(General reception area for all other AGLP members temporality moves to the Conference Center Lounge)*
- 2-3 pm **Gay and Lesbian Medical Students Group Discussion**  
(Link, Schmidtberger) Conference Center Lounge, Hospitality Suite
- 2-3 pm **Gay and Lesbian Resident Group Discussion**  
(Atkins, Rubin) Boardroom, Hospitality Suite
- 3-4 pm **Coming Out as a Gay or Lesbian Professional**  
(Cabaj) Boardroom, Hospitality Suite
- 4-5 pm **Psychiatrists, Students and Significant Others of Color**  
(Carter, Nakajima) Conference Center Lounge, Hospitality Suite
- 5:00-7 pm **CLGBP and AGLP Membership Meeting**  
Clover Room, Hotel Atop the Bellevue
- 7:30-9:30 pm **Lesbian and Gay Child and Adolescent Psychiatry**  
(Dabbs, Pinney) Conference Center Lounge, Hospitality Suite
- 8:30 pm **Psychiatrists of Color Dinner**  
(Carrion). Call 790-0354 for reservations and location.

**WEDNESDAY, MAY 25TH**

- 10-11 am **Discussion for Psychiatrists Who Need to Be Circumspect About Their Orientation**  
(Kyropoulos) Conference Center Lounge, Hospitality Suite
- 11-12 n **Lesbians in Academia**  
(Klinger, Sved) Boardroom, Hospitality Suite
- 12:30-2 pm **Annual Awards Luncheon**  
Palumbos Cafe-Restaurant, Rose Room, 824 Catherine Street, 627-7272. Meet Yellow Bird (school) buses at the Convention Center (Arch Street between 12th and 13th) or the Embassy Suites Hotel. Buses depart at 12:30 pm (sharp!) and arrive back at 2:00 pm.

- 2-4 pm **Considering Gay Parenting**  
(Hackenbruck, Kramer) Conference Center Lounge, Hospitality Suite
- 3-4 pm **Addictions Treatment for Gays and Lesbians**  
(Mandell) Board Room, Hospitality Suite
- 4-5 pm **Wrap-up Discussion and Plans for Next Year** (Hicks) Board Room, Hospitality
- 7-9 pm **Closing Party**  
Home of John Fryer, M.D.,  
138 West Walnut Lane, 848-2806.  
Yellow Bird (school) Buses leaving from the Embassy Suites Hotel and returning every half hour from 6:30 pm on. Last bus returns to the Embassy Suites at 10:30 pm

## APA Events

- CW** Component Workshop
- CS** Consultation Session
- DG** Discussion Group
- IS** Industry Symposium
- PS** Paper Session
- S** Symposium
- V** Videotape
- W** Workshop

**MONDAY, MAY 23**

- 9-10:30 am **CS Gender Development**  
(Kirkpatrick) Parlor D, 2nd Fl., Wyndham
- 9-10:30 am **DG2 Treating HIV-Positive Physicians**  
(Nichols), Parlor B, 2nd Fl., Wyndham
- 9-10:30 am **W7 Homophobia and Political Misuse of Psychiatry in the USA**  
(Ch. D. Smith) Rm. 107B, Street Level, Convention Center
- 11-12:30 pm **PS9 Psychiatric AIDS**  
(Aruffo, Lyketsos, Mierlak) North Ballroom, Lobby Level, Four Seasons

Continued on next page

Continued from previous page

- 11-13:30 pm **W21** **HIV and Hispanics: Issues in Clinical Practice**  
(Ch. Ruiz) 105A, Street Level, Convention Center
- 2-5 pm **V13** **Four Men Speak Out on Surviving Child Sexual Abuse**  
113A, Street Level, Convention Center
- 2-5 pm **S1** **Frontiers of Gay Life: A Map for Psychotherapists**  
(Winchel, Carter, Martin, Remien, Kertzner) 102A, Street Level, Convention Center
- 2-5 pm **S23** **Gay and Lesbian Patients: New Psychoanalytic Perspectives**  
(Drescher, Friedman, Downey) Concerto Rm., 3rd Fl., Doubletree

**TUESDAY, MAY 24**

- 9-10:30 am **Clinical Case Conference 2: Mary E. Bongiovi, M.D. on Diagnosis and Treatment of Paraphilia**  
(APA Members ONLY) 105 B, Street Level, Convention Center
- 9-10:30 am **CW24 Homophobia: The Clinical and Political Intersection**  
(Ch. Sved) 111B, Street Level, Convention Center
- 9-10:30 am **CW26 Decision Making in HIV /AIDS Disease**  
(Ch. Fryer) Overture Rm, 3rd Fl, Doubletree
- 9-10:30 am **W38 Developing and Teaching a Gay Studies Course**  
(Ch. Glassgold) 111A, Street Level, Convention Center
- 9-10:30 **W41 Identity Deconstructed: A Psychiatric Search for the Self**  
(Ch. Richardson) Rm 203A, Exhibit Hall Level, Convention Center
- 9-10:30 am **W51 Gender Issues in Psychiatric Training and Practice**  
(Ch. Bleiberg) Salon 3-4, Mezzanine, Wyndham
- 9-12 n **AIDS Program: AIDS and HIV Infection - An Update Neuropsychiatric Manifestations and Their Treatment: A Review**  
201A, Exhibit Hall, Convention Center

- 11-12:30 pm **W67 Teaching HIV/AIDS Issues to Medical Students**  
(Ch. Karasic) Salon 3-4, Mezzanine, Wyndham
- 2-5 pm **V25 Simple Courage: An Historical Portrait in the AGE of AIDS**
- V26 Belinda**
- V27 Silver Life: The View from Here**  
Room 112 B, Street Level, Convention Center
- 7-10 pm **V30 Why Am I Gay**
- V31 Last Call at Maudes**
- V32 Kiev Blue**  
Room 112 B, Street Level, Convention Center

**WEDNESDAY, MAY 25**

- 9-10:30 am **CW34 Addressing Gay, Lesbian and Bi Issues at the District Branch Level** (Harris)  
105A, Street Level, Convention Center
- 9-10:30 am **W72 Treatment of Depression in the Setting of HIV**  
(Ch. Jacobsberg) 107A, Street Level, Convention Center
- 9-10:30 am **W73 HIV and Medical Student Recruitment in Psychiatry**  
(Ch. Fernandez) 109A, Street Level, Convention Center
- 9-12 n **AIDS Program: HIV Infected Health Care Professionals: Issues in Facilitating and Maintaining a Clinical Practice; Psychotherapeutic Interventions and Counseling Strategies; AIDS Among the Severely and Persistently Mentally Ill**  
201A, Exhibit Hall, Convention Center
- 9-12 n **F11 One Nation Under God**  
(Cabaj) 113C, Street level, Convention Center
- 11-12 n **V39 Physicians with AIDS: An Interview with Peter**  
(Myers)Rm. 112 B, Street Level, Convention Center

Continued on following page

MAY 1994

VOLUME XX(2)

Continued from previous page

- 11-12:30 pm **L23 Stigma Is a Prejudice Like Racial Prejudice**  
(Steiger) Exhibit Hall C, Exhibit Hall Level, Convention Center
- 11-12:30 pm **W99 HIV Illness and Ethics of Rational Suicide**  
(Ch. Glassgold) Sonata Rm 3, 5th Fl, Doubletree
- 11-12:30 pm **W100 Treating the Gay and Lesbian Chronically Mentally Ill**  
(Ch. Townsend) Sonata Rm 5, 5th Fl., Doubletree Hotel
- 11-12:30 pm **W101 Complex Issues in Psychotherapy of Persons with HIV Infections**  
(Ch. Hicks) Adams Rm., Lobby Level, Four Seasons
- 2-5 pm **S76 Future of Psychiatry in a Multicultural Society**  
(APA Committee of Representatives of Minority/Underrepresented Groups) (Cabaj - Homophobia as a Barrier to Psychotherapy), 202B, Exhibit Hall Level, Convention Center

**THURSDAY, MAY 26**

- 9-10:30 am **Clinical Case Conference 4: Psychiatric Considerations in the Terminal Care of Phase of HIV Disease**  
(Forstein, Beckett, Katz, Gregory)  
(APA members ONLY) 105 B, Street Level, Convention Center
- 9-10:30 am **W123 Gay Asian Identity in Confucian Cultures**  
(Ch. Nakajima) Jefferson Rm, Lobby Level, Four Seasons
- 2-5 pm **S113 HIV Disease in Psychiatric Patients**  
(Forstein, Cournos, Mahler, Sachs, Kelly, Schaffner) 203A, Exhibit Hall Level, Convention Center

## Political Action Committee

**Dan Hicks, M.D.**

The election of President Clinton last year made us feel confident that gay and lesbian discrimination would soon be a thing of the past. But the strong opposition to lifting the military ban, and the many city and state campaigns to prohibit or rescind gay rights legislation makes it clear that much work still needs to be done. As gay and lesbian psychiatrists, we are very aware of the new scientific data about homosexuality, but this has not yet permeated our society. We all need to become more active and outspoken in our communities, to show that living a gay and lesbian lifestyle can be healthy and respectable. We also need to disseminate to the public the new concepts about homosexuality to replace the paradigm that homosexuality is evil, sinful, or sick. The recent homophobic attacks in the "Letters to the Editor" of the *APA News* also show us that we need to be more active in educating our own colleagues. To take a more visible and active role in our organization and our communities, we are considering setting up a Rapid Response Effort, to respond with letters, phone calls, faxes, and E-mail when it is felt we can be helpful to promote gay and lesbian rights. Phil Ballen, M.D. (formerly of San Francisco, now of New Jersey) has agreed to help set up this Rapid Response Effort.

Since this is a new direction for the group and has not been previously discussed, we plan to discuss it further at our business meetings in May. Margie Sved, M.D. felt it would be helpful to allow people to sign up to be part of this effort, instead of blanketing our whole membership when many might not want to get involved. Please take a moment to answer the following questions, and send your responses to: Phil Ballen, M.D. at 29 Harrison Ave., Montclair, New Jersey, 07042 (H) 201-783-2013.

1. Would you be willing to be part of a rapid response team to make phone calls, send letters, faxes, E-mail, etc., when AGLP notifies you of a need to address certain critical issues? Yes  No

2. Would you be willing to be part of a phone tree or notification team to help alert other members and get their responses? Yes  No

3. Any comments or suggestions about this plan or how it may best be done:

4. If you are willing to participate, please give the following information:

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone Number (Home/Office): \_\_\_\_\_

Best Time To Call: \_\_\_\_\_

Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Resident's Column**

**Howard Rubin, M.D.**

It is difficult to imagine that another year has passed and that the APA meeting is again only a month away. While Philadelphia is not San Francisco, the city offers many enticements, including its (relative) proximity to Manhattan. I am currently living in San Diego, CA, but I am still a New York snob at heart. Actually, Philly has a very active lesbian and gay medical student group and a newly reorganized physicians' group.

Traditionally, the AGLP students and residents attending the conference have a brunch on a Sunday before the conference begins. I am currently speaking with the Philly Lesbian, Gay and Bisexual People in Medicine students' group to arrange a brunch for the AGLP students and residents and the local crew. Tentatively, it will be on Sunday, May 22 at 11:00 a.m. The location will be announced. Please call me for further information at (619) 291-3944 or send me e-mail to "hrubin@ucsd.edu."

Other events of interest to residents include a meeting for lesbian residents and medical students on Tuesday from 12 noon to 1 pm, a joint meeting with all students and residents from 1-2 pm and a separate student and resident meetings from 2-3. (All meetings will be held in the Hospitality Suite on the top floor of the Embassy Suites Hotel)

See you in the City of Brotherly Love.

**Psychiatrists of Color Column**

**Gene Nakajima, M.D.**

Last year we had a turnout of about 40 people at the first AGLP/AAPHR party for gay and lesbian physicians and medical students of color and their friends during the San Francisco APA Annual Meeting. Many thanks to Jimmy Jones, M.D., for opening his home for us. We also had great attendance at the Mini- Marlon Riggs Video Festival during the convention. Thanks to Kenn Ashley, M.D., Debbie Carter, M.D. and Donald Tarver, M.D., who were the discussants.

In addition to the party, the Psychiatrists of Color Committee of the AGLP Local Arrangement Committee organized the AIDS Memorial Service. Many thanks to the Committee including Donald Tarver, M.D., Yim Chan, M.D., Jimmy Jones, M.D., Francisco Gonzalez, M.D., Kew Y. Lee, M.D., and Lowel Tong, M.D. for all their work in organizing the Psychiatrists of Color events last year.

This year in Philadelphia, we are planning to have a party on Saturday night starting at 9:30 pm at 1329 Lombard, #306. Victor Carrion, M.D. has generously offered to be the host at his apartment. Again, we will invite the local lesbian and gay physicians of color and their friends in the Philadelphia and New York City areas, and the party will be co-sponsored by AAPHR. In addition, we will all go out to dinner on Tuesday night at 8:00 pm.

Please call Victor at (215) 790-0354 to find out the name of the restaurant and to RSVP so that we can determine how many places to reserve.

For the APA meeting in Miami, we are going to plan a symposium tentatively titled, "Understanding Lesbian and Gay Minority Cultures." We will discuss this and other issues at our Hospitality Suite meeting on Tuesday night between 4 and 5 pm.

If you have any questions about the Psychiatrists of Color events, please call us: Gene Nakajima at (310) 825-1988 or Debbie Carter, M.D., at (503) 274-0927.



**Letters to the Editor**

In your February *Newsletter* you reported that the Texas Supreme Court had declined to rule that the state "sodomy" law is unconstitutional. However, your conclusion that, "Gay sexual contact will return to classification as a Class C misdemeanor punishable by a small fine," is incorrect. Fortunately, the Texas Supreme Court's limited decision left intact the 1993 victory won by Lambda Legal Defense and Education Fund in our *City of Dallas vs. Mica England* case. In England Lambda represented a lesbian denied work as a police officer because of a discriminatory policy based in part on the "sodomy" law. The law was struck down and the discrimination prohibited by both a trial and appellate court. Under the rules in Texas, in the absence of a contrary ruling by the Texas Supreme Court, that appellate decision remains the law of the state. Thus, Texas has joined the others (Kentucky, Michigan, Nevada, the District of Columbia, and, pending a decision from its high court, Louisiana) that have in the past few years become "free states."

I enclose a list of where the states stand on "sodomy" for your information.

**Sodomy Prohibited Between People of the Opposite Sex AND Same Sex:** AL, AZ, FL, GA, ID, MD, MA, MN, MS, NC, OK, RI, SC, UT, VA.

**Sodomy Prohibited ONLY Between People of the Same Sex:** AR, KS, MO, MT, TN

**Sodomy Statutes Repealed or Struck Down by State Court:** AK, CA, CO, CT, DE, DC, HI, IL, IN, IA, KY, LA, ME, MI, NE, NV, NH, NJ, NM, NY, ND, OH, OR, PA, SD, TX, VT, WA, WV, WI, WY.

Evan Wolfson, Esq.  
Senior Staff Attorney  
Lambda Legal Defense and Education Fund, Inc.

**Pre-Convention Schedule**  
Continued from page 1

- 10:00-10:15 am **Welcome and introductions**  
(Margie Sved, M.D., President and Dan Hicks, M.D., Vice President)
- 10:15-12:00 n **Presentations by Barbara Gittings, Frank Kameny, Ph.D. and John Fryer, M.D.**
- 12:00-1:30 pm **Lunch**  
(40 deli style lunches available on a first come, first serve basis for \$15.00 next door in the Bridge and Penn Rooms)
- 1:30-3:00 pm **Concurrent Sessions I**

**1. Teaching about Homosexuality**

(Terry Stein, M.D., Shelly Klinger, M.D., David Krefetz, M.D., and Mark Townsend, M.D.)  
Psychiatrists need to get involved in teaching their colleagues, medical students, residents and communities, helping people understand and integrate the new research and thinking about human sexuality. The faculty, who are leaders in this area, will discuss their approaches to teaching, problems to be address and curricula to be used.

**2. Community Activism, Combating Discrimination**

(William Herz, M.D., Phil Ballen, M.D., and Carl Clark, M.D.)  
The faculty has been involved in various organizations in their communities to counter-act homophobic legislation and information. They will discuss their involvement and give pointers on how to get involved in one's community.

**3. Gay Families, New and Old**

(Margie Sved, M.D., and Grace Bullen, Marshall Forstein, M.D., and Kerry Farrell)  
Gay people have always been parents and have been involved in raising their children; but, with adoption and new technologies, more and more gays and lesbians are becoming parents. The faculty will talk about their own experiences and problems and discuss how to raise a child in a gay family and in a homophobic society.

**4. Practical Assistance for HIV-Infected Health Care Workers**

(Mark Cooper, M.D.)  
Physicians and other health care persons who test positive for HIV experience special issues and discrimination which may involve limiting their work, re-education or new career directions. Dr. Cooper and others will discuss legal issues and problems, as well as address some of the resources and help that may be available.

**5. Approach Homophobia as a Health Hazard**

(Bob Cabaj, M.D. and Gary Kramer, M.D.)  
AAPHR is mounting a campaign to address the health issues caused by homophobia. These issues include the depression, low self-esteem and relationship and substance abuse

problems due to internalized homophobia, as well as those issues created by an atmosphere of hatred and violence generated by the expression of antipathy towards gay men and lesbians.

**6. Special Issues in Gay and Lesbian Psychotherapy**  
(Peggy Hanley-Hackenburck, M.D., Deb Carter, M.D., Todd Mandell, M.D., and Guy Glass, M.D.)

Gay and lesbian patients manifest special problems and issues which we are learning how to identify and treat as we go along because they are not yet being taught in our training programs. The experienced panel will discuss some of their insights into dealing with specialized issues, such as, gay or lesbian substance abuse, being gay in a minority culture and special therapy issues for gay men and lesbians.

3:00-3:15 pm **Break**

3:15-4:30 pm **Concurrent Sessions II** (Repeat of the above groups so that members may attend at least two groups during the Pre-Convention)

4:30-5:00 pm **Wrap-up and Closing**

The conference experience should be both interesting and enlightening. Please plan to join us. At 6:30 pm we will have the AIDS Memorial Service at the Ethical Society on Rittenhouse Square. John Fryer, M.D. (215-848-2806) and Mark Cooper, M.D. (212-685-2994) have volunteered to coordinate the Memorial Service, so please contact them if you want to help.

FEBRUARY 1994

VOLUME XX(2)

**AGLP Membership Application Form**

Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Preferred first (nick) name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Country: \_\_\_\_\_

Membership Status: \_\_\_\_\_

(Full Member - \$100.00, Associate Member - \$100.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$20.00)

Date membership status changes: \_\_\_\_\_

Are you a member of the American Psychiatric Association?  Yes  No

Special Instructions: \_\_\_\_\_  
(e.g. label "Personal")

Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members?  
 Yes (Initial) \_\_\_\_\_  No

Do you want to be a NON-CONFIDENTIALLY LISTED referral source?  
 Yes (Initial) \_\_\_\_\_  No

If yes, fill in office address and phone number and list specialty information below.  
OPTIONAL

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make check out to "AGLP" and mail to:  
AGLP; 1439 Pineville Rd.; New Hope, PA 18938

Speciality: \_\_\_\_\_

**APPLICATION FORM**

**Caucus of Lesbian, Gay & Bisexual Psychiatrists**

**American Psychiatric Association**

*(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

\* APA Membership Status: \_\_\_\_\_

Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Send this form to: Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005

\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow

**Reservations Form  
Annual Awards Banquet  
Honoring Frank Kameny and Barbara Gittings**

Palumbos Cafe-Restaurant  
Rose Room  
824 Catherine Street  
Philadelphia, PA

Wednesday, May 25th  
12:30-2:00 pm

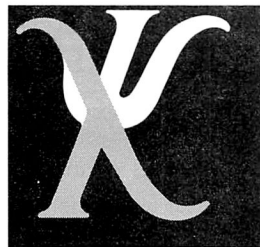
(Bus transportation provided from the Convention Center and Embassy Suites Hotel)

Name: \_\_\_\_\_

Number of Reservations: \_\_\_\_\_

Please send a check for \$25 (Residents \$15.00, Students \$12.50) for each reservation made out to "AGLP" to: **Larry Prater, M.D., Treasurer, AGLP; 1110 N. Classen Blvd., #318, Oklahoma City, OK 73106-6808.**

**MAIL BY MAY 14, 1994**



# Association of Gay and Lesbian Psychiatrists

VOLUME XX(3): September 1994

## IN THIS ISSUE...

<b>Washington Fall Meeting</b>	<i>1</i>
<i>Dan Hicks, M.D.</i>	
<b>Editor's Column</b>	<i>2</i>
<i>David Scasta, M.D.</i>	
<b>President's Column</b>	<i>4</i>
<i>Margie Sved, M.D.</i>	
<b>HIV Prevention Summit</b>	<i>5</i>
<i>Dan Hicks, M.D.</i>	
<b>Update on the Bottoms Case</b>	<i>6</i>
<i>Shelly Klinger, M.D.</i>	
<b>AGLP Convention Highlights</b>	<i>7</i>
<b>AGLP Membership Meeting Minutes</b>	<i>9</i>
<b>Announcements</b>	<i>12</i>
<b>Hospital and Community Psychiatry Conference</b>	<i>13</i>
<i>Howard Rubin, M.D.</i>	
<b>Membership Committee</b>	<i>13</i>
<b>Resident's Column</b>	<i>13</i>
<i>Ubaldo Leli, M.D.</i>	
<b>Membership Form</b>	<i>14</i>
<b>CLGBP Form</b>	<i>14</i>
<b>Reservation Form</b>	<i>14</i>
<i>Fall Meeting Annual Meeting Dinner</i>	

## Washington Fall Meeting

*Daniel Hicks, M.D.  
Vice-President*

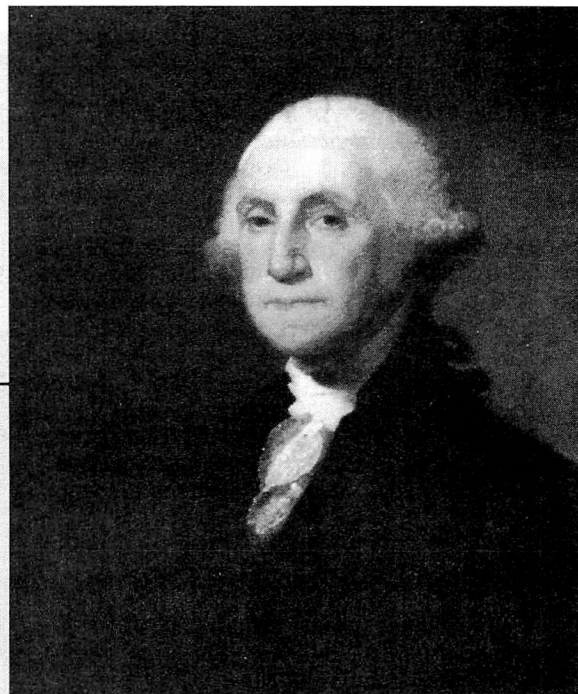
**T**he Fall Meetings of APA will be held in Washington, D.C., September 23-25th. AGLP will have our Fall Planning Meeting at the J.W. Marriott (1331 Pennsylvania Ave., NW, Washington, DC 20005; (202) 393-2000), September 24th from 9:30 a.m. to 5:00 p.m. and on Sunday morning until noon in Capital Room A at the Ballroom Level. (The Executive Committee will meet from 8:30 to 9:30 a.m. on Saturday at the bagel restaurant in the J.W. Marriott shopping mall.) The Holiday Inn Governor's House (1615 Rhode Island Ave., NW; Washington, DC 20036; (202) 296-2100) where we stayed in 1992, is again offering rooms at \$79.00 per night for Friday and Saturday to AGLP members. Call (800) 821-4367 by September 9, 1994 and ask for the "AGLP block." This meeting is important for planning the Annual Meeting and also to deal with other issues as we become more active and visible.

Friday evening, September 23rd, Jeff Akman, M.D. and Steve Dixon, M.D. are once again opening their lovely home for our dinner gathering at 7:30 p.m. If you are interested in attending, please call Jeff today (202) 483-6092 and leave a message on his answering machine indicating how many will be attending. Then send \$25.00 per reservation to Jeff (use the form on the inside of this *Newsletter* on page 14) made out to "Jeff Akman, M.D." to his house at 1936 Calvert St. NW, Washington, D.C. 20009. He lives one block east of the Woodley Park metro stop on the Red Line (or, take a cab, parking is difficult to find).

Our local arrangements committee of Herman Teagno, M.D. and Sal Fusaro, M.D. are hard at work scouting out the best locations for our hotel accommodations, as well as our Saturday program and our opening and closing parties. They both plan to attend the Fall Meeting, so be there to get all the details.

If you are interested in doing a small group discussion in the hospitality suite this year, please let me know so I can schedule it [Office: (202) 576-1739 or Home: (202) 483-3623]. There may be some changes in the line-up this year based on new areas of interest.

Dan Karasic, M.D. [(415) 626-1745] is also interested in hearing from members about ideas for the Saturday educational program at the APA. He is considering presentations from our analytical colleagues, as well as some practical discussions on understanding and bridging the differences in our own group, between men and women, African-Americans, Asians, Latinos, etc. Nothing is definite yet, so please feel free to contact him to convey your thoughts.

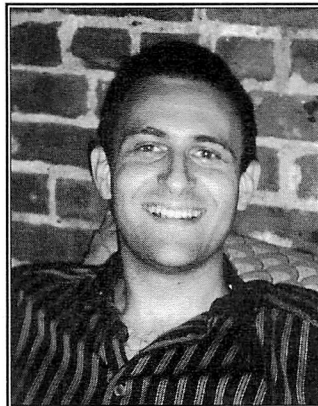


## Editor's Column

David Scasta, M.D.

**T**his is my 37th Editor's Column and my last. It certainly does not seem like I have been doing this job for nearly ten years. How did I get so old? So fast? It has been a good ten years. AGLP has accomplished much in that period and I have been proud to be a part of it. I will continue to be a part of it in a different capacity as president in 1995 as the job of *Newsletter* Editor passes to the capable hands of Guy Glass, M.D., and his associate, Andrew Elliott, M.D. I hope you will bear with us during the next couple of issues of the *Newsletter* as our new editors learn all of the ropes. The job is very fulfilling but can get a bit complicated as I realized this month when I sat down with Guy to try to tell him in a single weekend everything that he must do. It can't be done. But Guy is undeterred and is ready to receive all future submissions to the *Newsletter*. His address is **235 E. 13th Street, #4 C, New York, NY 10003**. His fax number is (212) 982-6209. The deadline for the November/December issue is November 1st. I will continue to manage the dues and membership data until our full time office is set up. Address changes, dues, etc. should be sent to me at: **1439 Pineville Road, New Hope, PA 18938**.

The Annual Meeting, all things considered, went fairly smoothly this year. Dr. John Fryers' closing party was well attended (despite buses which nearly did not materialize) and enjoyed by all. I hired a couple of people to staff the booth this year to ensure that the antique/collectible furniture did not disappear. That decision was a mistake. Fewer of our members took time to participate in staffing the booth leaving two young men, who were not members of AGLP, or even physicians, to try to answer questions and encourage people to join AGLP. We clearly need the involvement of our members in the booth to do the job well. Many of our activities were less well attended this year (e.g., the Pre-Convention focus groups and the Awards Banquet). Come to the Fall Meeting (see the front page) to tell us how we can do it better.



*Guy Glass, M.D. (above) along with Andrew Elliot, M.C.D. were elected the new editors of the Newsletter*

Diana Miller, M.D., our gung-ho Membership Chair, sent me some material about the National Association for Research and Therapy of Homosexuality (NARTH) conference which was held on May 22, 1994 in Philadelphia. NARTH's newsletter is edited by Joseph Nicolosi, Ph.D., the author of *Reparative Therapy of Male Homosexuality*. The newsletter surprised me (I guess I should not have been) in that it parrots much of the belief system and jargon of the religious right, rather than an attempt to "scientifically" validate or justify views that homosexuality is a disorder that should be treated. Nicolosi in his editor's column comments:

*1993... (that was the year when gay psychotherapist hoped to commemorate the 20th anniversary of the A.P.A. reversal by making treatment of homosexuality unethical.... (It never happened... (Rather than achieving the 'coup' of abolishing treatment, gay apologists merely mustered some emotional letters-to-the-editor which were forcefully countered by our NARTH leadership.) "In this issue of the NARTH Bulletin, we see how the gay liberation movement has been working against itself. The more clearly the movement reveals itself, the more obvious is its associated pathology. We have only to recall images of last year's Gay March on Washington shown on CNN, or witness any local Gay Pride Parade, to get an impression of serious aberration." (NARTH Bulletin, II(1), 3/94, p. 1)*

Much of the following argument seemed to be that John DeCecco (editor of the *Journal of Homosexuality*) is a probable pedophile (I know John. He is an iconoclast, not a pedophile) and Peri Radecic, the new Director of the National Gay and Lesbian Task Force, is a sado-masochist describing herself as a butch leather dyke. I guess that just proves that homosexuality is a perversion.

Charles Socarides, M.D., has been very visible writing numerous letters to the APA, to the local news media and appearing on Christian radio. Arthur Leonard, Esq., Professor of Law at the New York Law School, sent me a copy of an editorial printed in the conservative *Washington Times* on July 5, 1994. Dr. Socarides writes:

*"Homosexual sex education has entered our schools and colleges; and pro-gay activists - homosexual or otherwise -*

Editor's Column  
Continued on next page

### The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor  
David Scasta, M.D.

Published quarterly and as needed from:  
1439 Pineville Road; New Hope, PA 18938.

Subscription cost: \$15.00 per year.  
Subscription requests and address changes should be sent to the above address.

The views expressed in the *Newsletter* are those of the writer and do not necessarily

represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

#### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Editor, *Newsletter of AGLP*; 235 E. 13th Street, #4 C, New York, NY 10003. Submissions should be clearly readable. Submission on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which work processing program was used.

Submission become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

#### OFFICERS OF THE ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

<i>President</i>	Marjorie Sved, MD
<i>President-Elect</i>	David L. Scasta, MD
<i>Vice President</i>	Daniel Hicks, MD
<i>Secretary</i>	Rochelle L. Klingler, MD
<i>Treasurer</i>	Larry M. Prater, MD
<i>Past President</i>	Marshall Forstein, MD



Editor's Column  
Continued from page 2

*portray their way of life as normal and as 'American as apple pie' and intimidate others with different views. In essence, this movement has accomplished what every other society, with rare exceptions, would have trembled to tamper with: a revision of the basic code and concept of life and biology, that men and women normally mate with those of the opposite sex and not with each other. This psychiatric nonsense and social recklessness bring with it many individual tragedies and men and women who no longer care for their appropriate sexual roles, create confusion in the very young for generations to come. Gender-identity disturbance is bound to increase and more true homosexual deviations result as parents distort the maleness or femaleness of their infants and children."*

I believe we need to understand that attempts to link the gay movement with pedophilia and to characterize affirming research as political and non-affirming politics as science (oblivious to the damage that is done to psyches of individuals with a sexual orientation they did not choose who are told they are psychically flawed and doomed to misery unless they make a change which is very unlikely) come from anger and hatred which is projected on to others but really comes from the Self. We often do not see our own pathology. It is easy to become furious and want to attack NARTH and similar advocates in whatever way possible for the damage they do. I believe returning hatred for hatred, anger for anger, insult for insult is counterproductive. We are no longer on the outside looking in. We have rather quickly switched places and are now on the inside looking out. And, we should act like it. Our responses should be professional and measured, teaching tolerance and respect by our actions. Many of our opponents do truly believe they are working for the best interests of their patients. We will never convince them otherwise if we refuse to acknowledge their sense of benevolence. We will never be heard if we do not listen to the more polemic thoughts sometimes buried in the hysterics of opposing views. We can be firm and assertive without being hateful.

The Jesse Helms's can still do us great damage. So much of our resources and energies have been chewed up by the burden of AIDS as we care for each other and fight for the day when all have been treated and no more of this Earth's children will be afflicted. In the meantime, religious and conservative groups are pouring millions of dollars into efforts to drive the gay community back into the closet – as if by doing so, the straw dog is beaten to death and families and communities are magically saved from all the calamities of cultural upheaval and change over which there seems to be no control. We need to watch our back door. Superstitious behavior by such well funded groups may sneak up on us and pull us back into a darker past so that we have to reblaze our way over paths once thought beaten.

---

**I believe returning hatred for hatred, anger for anger, insult for insult is counterproductive.**

AGLP should be at the vanguard of education about what Psychiatry truly says about homosexuality. While antigay groups produce slick videos on *The Gay Agenda* replete with the most brazen propaganda, while ministers weekly terrify their flocks with visions of gay Armageddons and disintegrated families, while politicians play to the gallery of the majority, we have produce one brochure about what we do, written a number of letters, sponsored a number of educational activities and constructed a few booths. We do not have a single brochure addressing the claims of the antigay groups. We do not have a single educational video teaching what the majority of psychiatrists say about homosexuality. We do not have a single central reference resource on the research in homosexuality.

I believe it is time for us to move beyond building our membership in the APA and begin serving our communities by providing what we are uniquely suited to do – education. And, we have to be much more committed and much more polished than we have been so far. It would be terrible to win the battle on AIDS and lose the war to be unencumberedly lesbian or gay.

Perhaps we should begin by dropping the effort to have "reparative" treatments declared unethical. Characterizing such treatments as unethical may do nothing more than convince people that the issue truly is political while doing little to decrease application of such treatments. How much more powerful would it be for AGLP to be able to state the APA does not recommend such treatments and cautions that they may be harmful; recommending instead, affirming treatments as the treatment of choice? Then we could truly say what "Psychiatry" says. Such a move would still allow "reparative" treatments but place the burden of informed consent upon the minority who practice such treatments. Failure to inform patients of the APA's recommendation could result in a very expensive law suit for which we could readily provide expert witnesses. We would not be trapped into an attempt to politically force a policy out of the APA that would make many members, even supportive members, uncomfortable and we may be able to significantly reduce the number of people unwittingly damaged by such treatments.

I will stop editorializing. To all of you who have read my columns, commented, praised, criticized - I thank you. It has been a privilege to serve as your Newsletter Editor these many years. I look forward to following in Dr. Sved's able footsteps and serving as your president in the 1995. I hope that you will be equally beneficent to Dr. Glass and Dr. Elliott as you have been to me as they take over the reigns of the *Newsletter*.

---

**Perhaps we should begin by dropping the effort to have "reparative" treatments declared unethical.**

## President's Column

Margie Sved, M.D.

It is hard to believe so much time has already passed since the May meeting! It was, as always, good to see so many of you, and to meet many new people, too. Each year, it seems like the APA / AGLP meeting time gets busier and busier! Personally, I will remember the Philadelphia APA meeting as the time when my daughter, Eliana, began crawling and standing up in the hotel room.

Plans are underway for both the May, '95 meeting in Miami and the September, '94 meeting in DC. Anyone who is interested in becoming more active in AGLP should try to join us in DC September 23 - 25. As usual, we will begin with a dinner Friday night. We will then meet 9:30 a.m. - 5:00 p.m. on Saturday, and again Sunday morning. I am planning for us to meet as a whole group on Saturday and Sunday mornings, with committees and other small groups working Saturday afternoon. We will make arrangements for group dinners on Saturday then. Because the APA components are meeting in DC, we have the use of meeting space at the J.W. Marriott Hotel. I will be staying at the Marriott Thursday and Friday nights, so feel free to call me last minute with questions.

While we are meeting in DC, there will be DC's AIDS WALK 1994. The main event will be Saturday, Sept. 24, beginning at 11:00 a.m.. If any significant others or friends will be joining you in DC, this would be a worthwhile opportunity for them. I have all the details, so call me. Should we try to organize our own team?

Those AGLP members who are also members of AAPHR (American Association of Physicians for Human Rights) recently received their publication, "Anti-Gay Discrimination in Medicine: Results of a National Survey of Lesbian, Gay, and Bisexual Physicians." I found this very moving, and depressing, and sent copies to a variety of APA dignitaries. I would encourage anyone who is not already a member to also join AAPHR to support their continuing work on projects like this. If you are not a member, copies of the publication are available for sale, by contacting AAPHR, 273 Church St., San Francisco, CA 94114, phone 415-255-4547. While on the subject of AAPHR, the membership committee is planning a mailing to all psychiatrist members of AAPHR, to encourage them to also join AGLP. Those of you already members of both organizations, will receive this mailing also, and please use this opportunity to encourage other colleagues to join AGLP.

There was an excellent article, "Homosexuality and Adolescence," written by the Committee on Adolescence, American Academy of Pediatrics, in the October, 1993 (Vol. 92, #4) issue of *Pediatrics*, pages 631-634. If you haven't seen it, try to read a copy.

I was invited, as a representative of AGLP, to attend a joint CDC / NIMH / American Association of Suicidology working conference on Research Issues in Suicide and Sexual Orientation. Several other AGLP members were also able to attend. We spent two hard working days trying to help some of the suicide researchers "get it." I was quite pleased with the process, and look forward to seeing what will be printed as the summary. But I was really most pleased with the process that allowed so many gay and lesbian individuals to be present, and open, at such a forum. I look forward to similar meetings on other topics, and hope that we be able to work out a system to identify the experts within AGLP's membership to attend whenever possible.

I look forward to seeing as many of you in September as possible. Please call me (work: (919) 733-9917 or home: (919) 851-8851) with any questions about the September meeting, or with any items you would like to see put on the agenda. I will also have an update on the opening of our office at that time.

## HIV Prevention Summit

Dan Hicks, M.D.

Several AGLP members attended a very important meeting, initiated by American Association of Physicians for Human Rights, and supported by Center for Disease Control, National Institute of Health, Office of AIDS Research, AMFAR and others. The meeting was prompted in large part by recently revealed numbers coming from San Francisco on the changing epidemiology of the AIDS epidemic. Most of the studies which had been used to demonstrate decreased annual conversion rates of <1% were based on a cohort now over age 30. A recent study of young men by University of California at San Francisco showed a seroprevalence rate of 17.9% in men ages 18-29. The incidence of new conversions in the next year was 2.6%. At this rate, the majority of young men under 20 will seroconvert in their lifetimes. The message is that our HIV prevention efforts are no longer working, especially in young gay men. If this group is seroconverting at that rate, in a city which has had some of the best organized and long established AIDS prevention campaigns, then we need to do something differently or we will lose another whole generation of our communities.

The summit brought together nearly 200 people working in AIDS prevention in the gay and lesbian community from throughout the country. One of the suggestions was that we needed to demand more money for prevention, and especially target it toward the gay and lesbian community, which is still the hardest hit by the epidemic but usually the least funded. The other message is that we need to re-emphasize AIDS and HIV prevention. The media hoopla has died down and it has become simply part of the background of our lives now. People tend to take AIDS for granted. These numbers scream at us that doing so is a dangerous position – that we cannot let down our guard now but must continue to fight this battle to win the lives of our children. Each of us needs to be aware of this warning and continue to be proactive in raising prevention messages with our patients, our colleagues and in our communities.

Psychiatry and mental health practitioners need to take an even bigger role in the prevention work. In trying to understand why the conversions are continuing to happen and are even increasing, participants felt that, in part, it is because members of our communities are depressed and demoralized due to AIDS and due to continued homophobia. If being gay means having to face AIDS and fight against an oppressive society, some people may see getting AIDS as a way out, as no longer an unacceptable alternative, finding no reason to continue to struggle. Our profession, once one of the oppressors, has freed us from the stigma of being labeled mentally ill, but many of us are still wrestling with the subtle demons of internalized homophobia. We need to embrace our own wholeness and wellness, so we can help our patients overcome their self-hatred and doubts. And, because we have the advantage of this professional affirmation, we need to become leaders in our communities in demonstrating this self-actualization in our lives, working to overcome the unhealthy homophobia in our communities and our institutions.

In the 1970s and early 80s, the gay communities were beginning to set up gay health clinics and counseling centers to help reinforce and disseminate this message of wellness and self-acceptance. AIDS interrupted these efforts and has diverted all of our energies and attention because we have needed all our energy to fight to stay alive. Now it is time to go back and continue our work of healing our communities – to fight the depression and demoralization. Our young people need to learn to be safe; we have to help give them hope and a reason to survive.

---

...some people  
may see getting  
AIDS as a way  
out, as no  
longer an unac-  
ceptable alter-  
native, finding  
no reason to  
continue to  
struggle

## Update on the Bottoms Case

Shelly Klinger, M.D.

**O**n Sept. 7, 1993, Sharon Bottoms, a 23 year old Virginia lesbian, was thrust into national prominence after Judge Buford Parsons, Jr. in Henrico County, Virginia awarded custody of her then 2 year old son Tyler to Sharon's mother, Kay. This case was distinguished from the usual gay/lesbian custody cases by the unprecedented awarding of a child to a non-parent. It was based on a Virginia supreme court precedent of 1985, *Roe vs. Roe* that stated that homosexuals are presumed to be unfit parents by virtue of their sexual orientation. Most AGLP members have probably followed this case closely over the past year. I have been particularly interested both because I am a resident of Virginia and because I was an expert witness at the hearing.

Sharon has excellent legal representation by a prominent local child and family lawyer, Don Butler, and by the ACLU, led by Steve Pershing, the ACLU legal counsel in Virginia. They were able to get an expedited review by the Virginia Court of Appeals to try to minimize the time that this would stretch out. Because of their efforts, an appeal was filed just two months after the original hearing, on November 15, 1993. That appeal was accompanied by several *amicus curiae* briefs, including one jointly filed by the American Academy of Child and Adolescent Psychiatry, the American Psychological Association, the National Association of Social Workers, Inc, and the Virginia chapter of the NASW. Unfortunately, the American Psychiatric Association failed to sign on. The national APA stated it had to be approved by the Virginia District Branch, and they would not approve it. The action of the Virginia District Branch has caused many of us great consternation.

In June, 1994 the Virginia Court of Appeals ruled in Sharon's favor. However, before Tyler could be returned to her, Richard Ryder, Kay Bottoms' attorney got a stay until the Virginia Supreme Court decides whether or not to take the case. At this time we are waiting to see whether the Virginia Supreme Court agrees to hear the case, which may take another 3-4 months to decide, then 6-8 months after that to hear it. If the Virginia Supreme Court refuses to hear it, Sharon will get Tyler back. If they agree to hear it, it will be at least another year before Tyler can come back to his mother, as he will stay with Kay in the meantime. If the Virginia Supreme Court agrees to hear the case (which I hope it does not), then the APA will again have a chance to file an *amicus*. I am beginning to work on greasing the wheels for filing such if it is necessary.

Steve Pershing wrote extensively about this case in the summer issue of the *Law Review of the College of William and Mary* if anyone is interested in more detail. Feel free to call me (Shelly Klinger, M.D. (804) 786-9157) if you have any questions. I will keep AGLP posted if there is anything we can do to help.

---

In June, 1994 the Virginia Court of Appeals ruled in Sharon's favor. However, before Tyler could be returned to her, Richard Ryder, Kay Bottoms' attorney got a stay until the Virginia Supreme Court decides whether or not to take the case.

*Philadelphian*



The awards banquet at Palumbo's, an Italian institution for 80 years, burned to the ground by arson several weeks later. It was scheduled to close just before the fire; but, reportedly was not insured.



Past President, Marshall Forstein and Vice President Dan Hicks wait for the ceremonies to start at the awards banquet.

## 1994

### 1994 Convention Highlights



President Elect, David Scasta, poses with Annual Distinguished Service Award winners, Barbara Gittings (her lover, Kay Lajusen) and Frank Kameny.



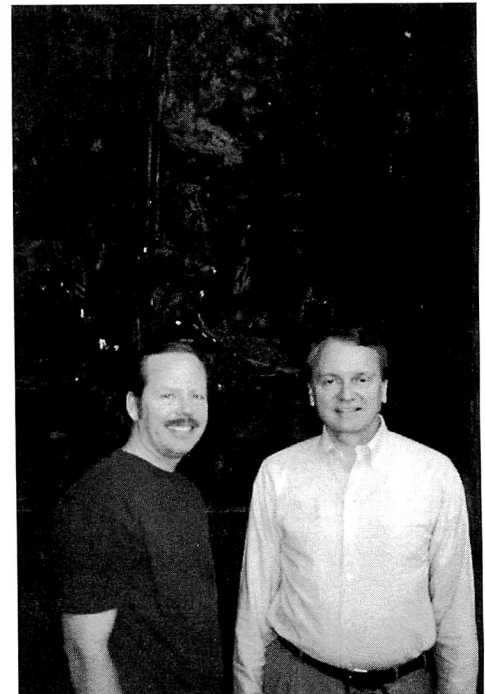
President Margie Sved, confers with other women at AGLP's opening reception for women.

*Association of  
Gay and Lesbian  
Psychiatrists*

1994



The controversial booth with comments ranging from "fabulous," "if they had a contest for booths, this one would win" to "embarrassing," "inappropriate."



Carl Clark with Treasurer Larry Prater in front of the Gates of Hell (Rodin Museum, Philadelphia)

**Membership Meetings  
May 23 & 24, 1994  
Hotel Atop the Bellvue  
Philadelphia, PA**

Both meetings were called to order by President Margie Sved.

1. The minutes from Fall Meeting were approved.
2. Announcements were made about annual meeting events coming up. The Fall Meeting will be at the JW Marriott Sept. 23-25, 1994.
3. Larry Prater, M.D. presented the treasurer's report. He noted that our expenses had gone up faster than our income last year; hopefully this will not continue. David Scasta, M.D. noted that our annual meeting was significantly cheaper this year due to budget-tightening measures.
4. **Newsletter** - Dr. Scasta reminded us that he is planning to phase out as newsletter editor now that we will have an employee. Contributions are still needed for medical student travel. Feedback was solicited on the new layout of the newsletter.
5. **Office Update** - Dr. Sved described ongoing negotiations with the APA regarding an office and part-time staff person. These negotiations have been going well. We will start with 25% of the person's time in the next few months. We are starting to delineate tasks for her/him. AGLP will have a separate computer system and locked file cabinets. The person hired for the position must maintain confidentiality. Dr. Scasta noted that we may need to consider another dues increase by 1996 when the staff person becomes half time or greater.
6. **Caucus of Gay, Lesbian and Bisexual Psychiatrists** - Assembly Representatives, Jim Krajewski, M.D. and Bob Cabaj, M.D. reported for the Assembly activities. The Assembly considered the position statement on psychiatric treatment designed to change sexual orientation (*i.e.*, "reparative therapy"). There was much discussion in the area councils and it became clear in the California Area Council that many people objected to the wording, even people who were basically supportive of the intent of the statement. Drs. Krajewski and Cabaj felt that the additions and deletions suggested were problematic and would substantively change the meaning of the statement and have sent it back to the Council for revision. Charles Socarides, M.D. and several colleagues vigorously lobbied all of the Assembly members about this statement. Dr. Socarides also wrote to the Ethics Committee about psychiatrists treating people who want their homosexuality changed as 302.90, sexual disorder NOS. The ethics committee stated that treatment was not necessarily unethical if the patient is fully informed that homosexuality may be biological and that treatments designed to change it are rarely if ever successful. It was also noted that the Ethics Committee did not consult with either CGLBI or the National Council before ruling on this. We will strategize regarding trying different ways to approach this situation. The Ethics Committee is still looking for cases. AGLP members should fill out the Reparative Therapy Survey. It may also be helpful for members to write to the chairs of the Committee on the Practice of Psychotherapy and to the Ethics Committee. Dr. Krajewski also suggested reading and carefully replying to Dr. Socarides' letter to the Psychiatric News. Dr. Cabaj thanked everyone who came to the business meeting on Sunday to prevent Socarides from doing anything about "reparative therapy" and then supported the pro-choice vote. Dr. Sved asked Dr. Krajewski to review the definitions of the Caucus, the Committee, the Assembly, etc. We will elect Assembly Representatives next year. Candidates were nominated for a mail ballot. Dr. Cabaj nominated Dr. Sved; Dr. Stein nominated Dr. Krajewski; Peggy Hackenbruck, M.D. nominated Dr. Cabaj but he declined as he will be AAPHR president. Diana Miller, M.D. was nominated but she declined. Nominations were left open for further nominations.

**7. Committee Reports** - Dr. Sved noted that the president can appoint any committees she wants; if members have suggestions for committees, let her know. She met with all the committee chairs at a board meeting. This meeting is not encompassed by our by-laws which have not been amended for years. Changes to the by-laws have to be presented at one annual meeting and approved at the next. Dr. Sved asked for a chair for the by-laws committee, Dr. Klinger volunteered. She suggested changing the terms gay psychiatrists to gay, lesbian and bisexual psychiatrists, and homosexuality and homosexual persons to gay, lesbian and bisexual. Dr. Stein also noted that many organizations are including trans-gendered; we should consider this. Dr. Sved asked for a volunteer for chair of the committee on women; Laura Bernay, M.D. volunteered. Each committee is encouraged to have a meeting or gathering during the Annual Meeting.

**a. Membership** - Diana Miller, M.D. reported that membership has grown from 110 in 1986 to 506 in May, 1994, including 349 full members, 96 residents, 46 medical students, and 35 associate members. She receives approximately one inquiry every two weeks from the ad in *Psychiatric News*. She sends each inquirer a letter, a brochure, and a newsletter. About 60% of these people then become members. This year she will follow-up on those who are sent letters but do not join. Dr. Miller suggested a membership committee, with one task being signing up some of the members of AAPHR, LAGCAP, and local gay and lesbian district branch committees who are not currently AGLP members. Two people volunteered for the membership committee.

**b. Nominating** - Peggy Hackenbruck, M.D., Marshall Forstein, M.D. Debbie Carter, M.D. Mark Townsend, M.D. and Kenn Ashley, M.D. comprised the first ever AGLP nominating committee. They stated they worked for diversity in the nominees who are as follows:

President-elect	David Scasta
Vice-President	Dan Hicks
Secretary	Shelly Klinger
Treasurer	Larry Prater
Newsletter Editor	open

Pre-convention program coordinator (2nd vice president) - Dan Karasic - would need to be committee chair under our current structure. Nominations were opened to the floor and were open through the 24th. Dr. Forstein encouraged people to become active by coming to the Fall Meeting, getting on committees, and running for office.

**c. Early Career Psychiatrists** - Rob Clyman, M.D. reported that the Early Career Psychiatrists met for brunch and plan to continue as a social, educational and organizational component. They would like to work with the APA's Early Career Psychiatrists' Committee and help to mentor AGLP residents.

**d. Education** - Dan Hicks, M.D. reported that volunteers were needed for program planning for pre-convention/hospitality suite for next year. He also discussed a possible symposium on "reparative therapy" for the APA as a whole.

**e. HIV Positive Psychiatrists** - Mark Cooper, M.D. discussed providing support for HIV positive AGLP members. Plans include a column in the *Newsletter*, workshops, and identifying AGLP peer counselors. They would like more HIV positive psychiatrists on APA Committees. They are considering a mailing to residency training directors reminding them that they cannot legally ask gay residents about their HIV status, and are willing to talk to any AGLP member who feels he or she has been discriminated against because of HIV status.

**f. Lesbian and Gay Child and Adolescent Psychiatrists (LAGCAP)** - Richard Pleke, M.D. reported a membership of 80 working on educating child and adolescent psychiatrists about gay, lesbian and bisexual youth.

**g. Legal Action** - Chairperson, Phil Ballen, M.D. was not here. AGLP members are being sought for a "rapid response" force to get quick letters and phone calls out when needed - a sign-up was in the last newsletter.



**h. Medical Students** - no report

**i. People of Color** - Gene Nakajima, M.D. reported that symposiums on diverse gay and lesbian cultures and the life cycle of gay, lesbian and bisexual people of color are planned for next year's annual meeting.

**j. Psychiatric Textbooks Task Force** - Ron Winchell, M.D. reported that the task force has 25 volunteers around the country. A subcommittee of six met in New York to generate information gathering for the task force as a whole which will meet at the Fall and Annual Meetings in the coming year. Bob Kertzner, M.D. led a successful effort at Columbia to change a prominent textbook.

**k. Psychoanalytic Task Force** - Paul Lynch, M.D. reported that 13 people gathered for their first meeting. They hope to let people in AGLP and the American Psychoanalytic know that they are around and to meet again at the Fall Meeting. They would like to offer something relevant to psychoanalysis at the Saturday program next year.

**l. Residents** - Howard Rubin, M.D. reported on a joint meeting with the medical students. They discussed supervision issues, and will have a case conference at AGLP next year. Ubaldo Leli, M.D., a PGY-III at Cornell-Westchester will be the new men's resident representative.

**m. Significant Others** - SO's reported a gay old time in Philadelphia.

**n. Women** - Women attended a dinner and a pre-opening party reception, need to increase publicity and revamp mailing list.

**o. By-Laws Committee (new)** - Shelly Klinger, M.D. will chair with Debbie Carter, M.D., Kew Lee, M.D., Mark Townsend, M.D. and David Scasta, M.D.

**8. Committee on Gay, Lesbian and Bisexual Issues** - Report was given by Shelly Klinger, M.D.

**9. Commission on AIDS** - Dr. Forstein discussed the new *Neuropsychiatric Manual and Case Book* which is in process; cases are being sought. The Commission is also working on a position statement on home HIV testing and on regulations affecting HIV and Tb. He reminded members that the AIDS Education Project can supply training materials and speakers if needed for programs - call Carol Svoboda at the APA or Dr. Forstein.

**10. Elections** - The slate remained as stated earlier except that Guy Glass, M.D. and resident Andrew Elliott, M.D., agreed to share the newsletter position. Candidates were elected with a consent motion because there were no opposed candidates.

**11. Meeting Feedback and Future Planning** - The booth (some loved it, some thought it was inappropriate), staffing, Saturday program, and planning for next year were discussed. Herman Teagno, M.D. and Sal Fusaro, M.D. will chair next year's local arrangements committee. They need other volunteers for the 1995 Annual Meeting in Miami Beach. Dr. Hicks thanked this year's local arrangements committee for a great job. Dr. Sved suggested moving the awards banquet as the luncheon time is so rushed. Various times were discussed and a vote was taken - half supported Wednesday night and half Saturday night. Everyone agreed that the luncheon had become unworkable. Dr. Sved also suggested a buffet rather than a formal banquet to save money. This will be discussed at more length in the fall.

**12. Member Updates** - the tradition started by President Marshall Forstein continues - members talked about their activities in the past year.

Respectfully submitted, Rochelle L. Klinger, M.D., Secretary

## ANNOUNCEMENTS

The American Association of Physicians for Human Rights has lowered its dues for residents to \$50.00 (\$20.00 for Medical Students). The 12th Annual AAPHR Symposium will be held at the Roosevelt Hotel in New York City, September 2-4, 1994 on the topic: "Empowering Physicians: Moving the Lesbian and Gay Health Agenda Forward in the '90s." For more information write to: AAPHR, 273 Church Street, San Francisco, Ca 94114 or call (415) 255-4547; Fax: (415) 255-4784.

The Women and Therapy Journal is calling for abstracts of papers addressing the interaction of class issues with ethnicity, sexual orientation, age and other factors that influence therapy – particularly for women. One page abstracts may be submitted to Marcia Hill, 25 Court Street, Montpelier, VT 05602 by July 1, 1994.

Toni A. H. McNaron, Professor of English and Women's Studies at the University of Minnesota, seeks gay and lesbian faculty to participate in an ethnographic study of American universities and colleges in relation to the lesbian and gay people who work in them. Respondents should be academic professionals who have worked in colleges and universities for at least 15 years. Closeted gay and lesbian faculty are especially encouraged to participate. Anonymity will be strictly maintained. For more information write to Professor McNaron, Department of English, University of Minnesota, 207 Church St., SE, Minneapolis, MN 55455; E-mail: mcnar001@maroon.tc.umn.edu).

Jackie Weinstock and Esther Rothblum are seeking abstracts, due March 1, 1994, for a book that focuses on lesbians' experiences of friendship. One to two page abstracts should be sent to: Jackie Weinstock, Center for Developmental and Health Research Methodologies, The Pennsylvania State University, S-211 Henderson Building,

University Park, PA 16802-6505 (E-mail: JSW4@PSUVM.PSU.EDU).

Paul Lynch, M.D. is the new chair of the AGLP Psychoanalytic Task Force which met with the Joint Ad Hoc Committee on Issues of Homosexuality of the American Psychoanalytic Association during the APA Annual Meeting in May. He has been appointed jointly to the American Psychoanalytic Association's committee which is chaired by Ralph Boughton. The American Psychoanalyst (27:4, Dec., 1993, p. 14) announced that committee "will not be a forum to debate theoretical questions about the etiology or pathology of sexual orientation or clinical questions about treatment for homosexual individuals. The committee's aim will be to put an end to bias and discrimination, not to resolve theoretical differences." For more information, write to Dr. Lynch at 321 Columbus Ave., Boston, MA 02116-5168.

The Department of Psychiatry at the University of California, San Francisco, is seeking a research psychiatrist or licensed clinical psychologist with research expertise in traumatic stress disorders at the Assistant to Full Professor level. For information, write to: Search Committee Chair, c/o Rita Emelia-McLinn, SFVAMC (116A), 4150 Cement Street, San Francisco, CA 94121.

The Department of Psychiatry at the University of California, San Francisco, is seeking a psychiatrist or licensed clinical psychologist with research expertise in traumatic stress disorders or other disorders associated with exposure of children or adolescents to trauma or in the field of anxiety or mood disorders of children or adolescents at the assistant to full professor level. For information, write to: Search Committee Chair, c/o David Bell, UCSF, 401 Parnassus Ave., Box CAS-0984, San Francisco, CA 94143-0984.

**Announcements**  
Continued from previous page

Michael Honaker, Ph.D., Deputy Chief Executive Officer of the American Psychological Association, wrote to Joseph Nicolosi, Ph.D. (the "Reparative Therapy" author) in May of 1994 expressing concern that Dr. Nicolosi's identification as an American Psychological Association member in the video, *Gay Rights, Special Rights*, and in an information brochure from the National Association of Research and Therapy of Homosexuals (NARTH) might be construed as implying that the American Psychological Association endorsed his views.

Unity Yellow Pages of Houston is seeking articles for self-help and self-improvement directed to the gay communities of Houston. For article guidelines write to: Unity Yellow Pages, 3400 Montrose Blvd, Suite 207, Houston, TX 77006. A small honorarium of \$10-25 per article will be paid for accepted articles.

The National Gay and Lesbian Task Force Policy Institute will hold its Fourth Annual Conference on Workplace Issues, entitled, "Working It Out in the Rockies," on October 15 & 16, 1994 at the Radisson Hotel in Denver. For information call (303) 538-4318.

## Hospital and Community Psychiatry Conference

### Howard Rubin, M.D.

This year's Hospital and Community Psychiatry Conference will be held in beautiful San Diego, which natives refer to as "America's finest city," from September 30-October 4, 1994. Although San Diego does not offer the delights of a New York or a Philadelphia, it is truly a gem with pristine beaches, hunky marines and sailors, an out lesbian city council person and domestic partner benefits for city employees.

Lesbian and gay activities at this year's conference include a general meeting at the Marriott Hotel Saturday evening at 6 p.m. followed by a party at Howard Rubin's apartment in the heart of the gay and lesbian area of San Diego (Hillcrest) at 9 p.m. The address is 3650 First Ave., Apt. 309 at the corner of First Ave. and Pennsylvania Ave. It is about a \$5.00 ten minute cab ride from the Marriott.

On Saturday morning at 10:30 a.m., Diana Miller, M.D., Gene Nakajima, M.D., and Howard Rubin, M.D. will be presenting a workshop entitled, "Defining and Redefining the Role of Family in Psychotherapy with Lesbians and Gay Men." For registration information, call the APA at (202) 682-6082. For more details about San Diego, call Howard at (619) 291-3944.

## Membership Committee

The Membership Committee reformed during the Annual Meeting in Philadelphia composed of Diana Miller, M.D. (Chair), Laura Bernay, M.D., Debbie Carter, M.D., Sal Fusaro, M.D., Todd Mandell, M.D., & Chris Sekaer, M.D. The committee has set as its goals to recruit non-AGLP psychiatrist members of AAPHR, LAG-CAP and Lesbian physicians groups, expand location of ads such as in *Psychiatric News*, increase use of press releases, and encourage publication of articles about AGLP and AGLP members.

The Membership Committee particularly wants to post notices in district branch newsletters informing readers of our existence and listing a local contact person along with the membership chair, Diana Miller, M.D. Local contacts are need for the following district branches: Alabama, Alaska, Arizona, Arkansas, California (Central, San Diego, & Orange County), Delaware, District of Columbia, Iowa, Kansas, Kentucky, Maine, Maryland, Minnesota, Mississippi, Montana, Missouri (Central, Eastern, & Western), North Dakota, Ohio, Oklahoma, Nebraska, Nevada, New Hampshire, New Mexico, New York (Bronx, Brooklyn, Central, Genesee Valley, Mid-Hudson, Nassau, New York State, Northern, Queens, Suffolk County, Westchester County, Western, & West), Puerto Rico, Rhode Island, South Carolina, South Dakota, Tennessee, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming. If you are in one of these areas and are willing to be listed, please contact: Sal Fusaro, M.D. 4030 Poinciana, Miami Florida 33133 (Office: (305) 442-4022, Fax: (305) 442-4023).

## Resident's Column

### Ubaldo Leli, M.D.

My name is Ubaldo Leli, and I am pleased to introduce myself as the new resident representative for AGLP. I assumed the post from Howard Rubin, M.D. at the last meeting of the APA in Philadelphia where a strong, active presence of various student and resident groups within the organization was apparent. Another noticeable and heartening highlight of the convention was the growing interest in homosexual issues in psychotherapy and psychoanalysis.

Our next AGLP meeting will be held this September in Washington DC with the simultaneous APA component meeting. Anyone with proposals for events or other organizational suggestions is welcome to contact me at: New York Hospital-Cornell Medical Center, Westchester Division, 21 Bloomingdale Road, White Plains, NY 10605 or by calling me at work: (914) 997-4342 or home: (718) 834-1599 or fax: (914) 914-5958.

SEPTEMBER 1994

VOLUME XX(3)

## AGLP Membership Application Form

Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Preferred first (nick) name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Country: \_\_\_\_\_

Membership Status: \_\_\_\_\_

(Full Member - \$100.00, Associate Member - \$100.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$20.00)

Date membership status changes: \_\_\_\_\_

Are you a member of the American Psychiatric Association?  Yes  No

Special Instructions: \_\_\_\_\_  
 (e.g. label "Personal")

Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members?  Yes (Initial) \_\_\_\_\_  No

Do you want to be a NON-CONFIDENTIALLY LISTED referral source?  Yes (Initial) \_\_\_\_\_  No

If yes, fill in office address and phone number and list specialty information below.

OPTIONAL

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make check out to "AGLP" and mail to:  
 AGLP; 1439 Pineville Rd.; New Hope, PA 18938

Specialty: \_\_\_\_\_

## APPLICATION FORM

Caucus of Lesbian, Gay & Bisexual Psychiatrists

American Psychiatric Association

*(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

\* APA Membership Status: \_\_\_\_\_

Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Send this form to: Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005

\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow

## Reservations Form

Fall Meeting Annual Meeting Dinner

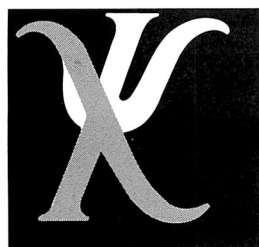
1936 Calvert Street, NW  
 Washington, DC 20009

Friday, September 23, 1994  
 7:30 p.m.

Name: \_\_\_\_\_

Number of Reservations: \_\_\_\_\_

Please send a check for \$25 for each reservation made out to "Jeff Akman, MD." and mail this form to the above address.

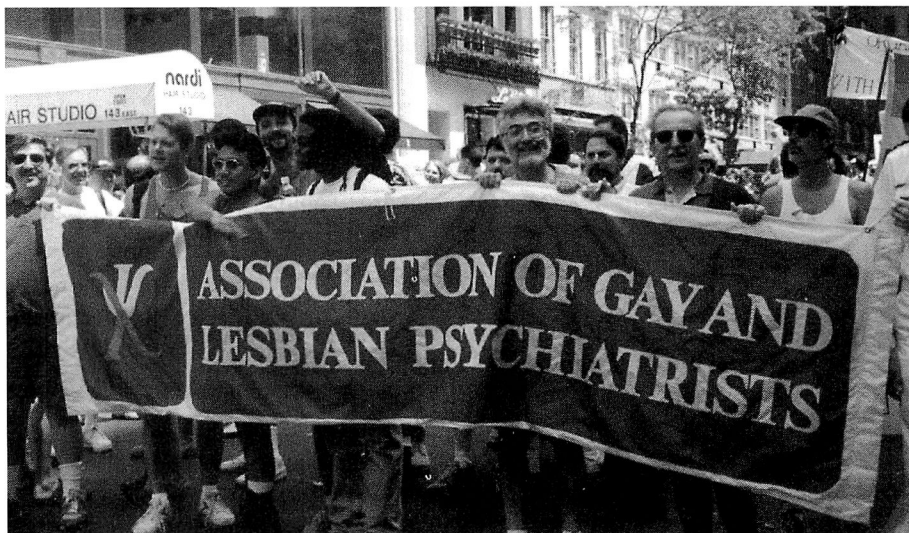


# Association of Gay and Lesbian Psychiatrists

VOLUME XX(4): December 1994

## IN THIS ISSUE...

<b>Annual Meeting in Miami</b> <i>Sal Fusaro, M.D.</i>	1
<b>Editor's Column</b> <i>Guy Glass, M.D.</i>	2
<b>President's Column</b> <i>Margie Sved, M.D.</i>	4
<b>Medical Student Column</b> <i>Martha Link and Steve Wozniak</i>	6
<b>AGLP Fall Meeting Minutes</b> <i>Shelly Klinger, M.D.</i>	7
<b>1994 Fall Meeting Highlights</b>	12
<b>Resident's Column</b> <i>Ubaldo Leli, M.D.</i>	13
<b>Membership Committee Update</b> <i>Sal Fusaro, M.D.</i>	13
<b>Announcements</b>	14
<b>Recent Journal Articles of Interest</b> <i>Andrew Elliott, M.D.</i>	15
<b>Membership Form</b>	16
<b>CLGBP Form</b>	16



AGLP banner: Pride March, New York, June 26, 1994

## Make Reservations for Miami Beach Now

*Sal Fusaro, M.D.*

This year, Miami Beach will host our Annual Meeting. The Convention Center is located within walking distance of South Beach and its renowned "tropical Art Deco" architecture. The rejuvenation of South Beach has been spearheaded by the lesbian and gay community, and it is the center of lesbian and gay life in the Miami area. There is the gay and lesbian beach area at 12th Street, Lincoln Road Mall for evening strolling and roller blading, outdoor cafes...in short, an ideal place for meeting and socializing.

While we had hoped to be able to use the Shore Club Resort as our hotel, we are uncertain about their future. As a result, we will be using the Raleigh Hotel at 1755 Collins Avenue and the Indian Creek Hotel at 2727 Indian Creek Drive:

The Raleigh Hotel ((305) 534- 6300) is an Art Deco restored hotel on the beach, two blocks from the Convention Center, and a short walk to South Beach and Lincoln Road. AGLP has reserved 60 rooms:

**35 city view rooms @ \$135**  
**25 ocean front rooms @ \$160**

The Indian Creek Hotel ((305) 531- 2727) was recently recommended by *Men's Journal*, and described as "pueblo meets deco in this just opened rehab jewel with that home away from home feel." It is a ten block walk to the Convention Center and one block from the beach. We have reserved 55 rooms as follows which includes a \$5 charge that goes to PWAC:

Continued on page 3

## Editor's Column

Guy Glass, M.D.

**Y**ikes!...As I nervously leaf through the calendar and see the deadline for this issue fast approaching I find I can no longer put off that dreaded deed: the writing of my first Editor's Column. The music of Shostakovich emanating from the next room, which I had hoped would soothe and inspire me, instead only serves as a distraction. Thumbing through old *Newsletters*, I felt sure, would get me going, but I feel discouraged by the idea of having to follow in David Scasta's footsteps. Sometimes, dangerously, as in college, I have done my best work under severe pressure, as in the night before a paper is due. But I am getting a little old for that kind of literary tightrope walking, and I know I'll feel better when the task is behind me. Now I know all of this may seem remarkably self-indulgent, but since you've elected me *Newsletter* Editor – for at least a year – I'm afraid you're going to have to learn to put up with my apostrophizing...You may even grow to find it endearing. Anyway, I think a somewhat autobiographical approach is perfectly appropriate for a first column, so, at the risk of sounding like a beauty pageant contestant, I am going to write about "What AGLP means to me."

Becoming *Newsletter* Editor marked the first time I took on a position of responsibility in AGLP although I have been peripherally involved since 1989. I tend not to get involved, and I might have continued attending conventions indefinitely, sitting in the back of the room at the AGLP meetings, gossiping with my friends, and never really getting my feet wet. When the position came up and my name was bandied about, I felt my stomach tighten, but at the same time I could hear a voice in the back of my head (I think it was my therapist's) saying "Do it! Do it!"... and before I knew it I was on the Executive Board! Of course, none of this really meant anything way back in May, and I could throw my title around without having to do anything. Then when I visited David Scasta in August (convenient because he lives ten minutes from my parents) and realized

what this job entails, I became panic stricken. The reassurance of my AGLP colleagues, and the excitement I have begun to feel in continuing where David left off, have sustained me. Looking through the last few years of the *Newsletter* has been an instructive experience; as AGLP has grown in size and prominence, the *Newsletter* has acquired a slick and sophisticated look. The improvements in layout and graphics have given it a professional air and I feel that this is instrumental in adding to the morale of our organization: others will only take us as seriously as we feel about ourselves, and this is reflected in the quality of our publication. I look forward to playing an important role in the future of AGLP.

I hope that there are novices to AGLP reading this column. As I said earlier, it took me five years to get up the nerve to get involved. I actually only came out in 1988, during my internship, and I don't think I would have believed at that stage that I would ever take such a leadership role in a gay organization. After burying myself in my books for so many years, I really came out with a vengeance, yet it still took a long time for me to attain a degree of comfort in myself as a gay professional. A few months post coming out I remember going to a meeting for gay medical students and residents in Philadelphia; I am sure that some of you will be able to identify with me when I tell you that I walked around the block about five times before venturing to go inside. I felt very alone in my residency program. Another gay resident was closeted and seemed to live in fear of his orientation being discovered. The residency director had co-authored a classic paper, in the 60's, on curing homosexuality through group psychotherapy, and he continued to make homophobic cracks in many of his classes. If there were gay attendings around, their identity remained a mystery to me. Somehow I managed to find out about the existence of AGLP, and I intended to check it out when I attended my first APA convention at San Francisco in 1989.

At the risk of sounding corny, I will tell you that the AGLP Opening Reception changed my life. I think I had fantasized there would be ten or twenty people huddled in some clandestine place. Instead, I was astonished to find hundreds of

Editor's Column  
Continued on next page

The Newsletter of the  
Association of  
Gay and Lesbian  
Psychiatrists

Editor  
Guy Glass, M.D.

Published quarterly from 235 East 13th  
Street, Apt. 4C, New York, NY 10003.

Subscription cost: \$15.00 per year.  
Subscription requests and address  
changes should be sent to the above  
address.

The views expressed in the *Newsletter* are  
those of the writer and do not necessarily  
represent the opinions of the Association  
of Gay and Lesbian Psychiatrists. The sex-

ual orientation of any writer or any person  
mentioned in the *Newsletter* should  
not be inferred unless specifically stated.  
Mailing lists for the *Newsletter* are confi-  
dential, to be used only by the Association  
of Gay and Lesbian Psychiatrists, and do  
not imply sexual orientation.

### INFORMATION FOR AUTHORS

Persons wishing to submit articles for  
publication should send them to: Editor,  
*Newsletter of AGLP*, 235 E. 13th Street, #4 C,  
New York, NY 10003. (Phone: (212)982-0328  
or (212)982-6209). Material may also be  
faxed to the attention of Dr. Glass at  
(212)420-2047. Submissions should be  
clearly readable. Submission on elec-  
tronic media (5.25 or 3.5 inch floppy disks)  
in IBM compatible formats are appreci-  
ated. A hard copy should be included  
along with a notation indicating which  
work processing program was used.

Submission become the property of AGLP  
and will not be returned unless requested  
and accompanied by a self-addressed and  
stamped envelope. The *Newsletter*  
reserves the right to make editorial  
changes and to shorten articles to fit  
space limitations. Name, address, daytime  
telephone number, and a short biographi-  
cal statement about the author should  
accompany the submission even if the  
author requests anonymity in publication  
(which is discouraged).

### OFFICERS OF THE ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

<i>President</i>	Margery Sved, MD
<i>President-Elect</i>	David L. Scasta, MD
<i>Vice President</i>	Daniel Hicks, MD
<i>Secretary</i>	Rochelle L. Klinger, MD
<i>Treasurer</i>	Larry M. Prater, MD
<i>Past President</i>	Marshall Forstein, MD

Editor's Column continued from previous page

people overflowing a big ornate ballroom in some hotel. Most astonishing to me was to discover several attendings from my own hospital whom I knew only by sight. I have since avidly attended each APA Convention (and a few of the Fall Meetings in Washington) and have made professional and personal connections to many other members which have been extremely fulfilling. I moved to New York three years ago so that I could continue to develop as a gay psychiatrist, and applied for my current job, which is an academic position at a respected institution, with my AGLP affiliation proudly listed on my resume. I stopped singing Bach and became a member of the New York City Gay Men's Chorus. I now even wear an earring to work. Of course, those of you who are cynics will probably quip that nothing evokes much excitement in New York, and I could show up to work totally naked without being noticed, but, anyway, you get the point...

I look forward to my role as Editor with great enthusiasm. I hope that this little epistle has encouraged those of you who are not already involved to contribute in some way. If each person who received this *Newsletter* urged a gay or lesbian colleague to join AGLP we could double our membership, and I know you all know lots of gay or lesbian psychiatrists who are unaffiliated. As far as the *Newsletter* is concerned, I would like to build upon the foundation laid by David to expand our coverage; in the past, the *Newsletter* has been mostly a record of previous and upcoming conventions. More feature articles, scholarly papers or abstracts, letters, and interviews would give the *Newsletter* broader appeal, but all of this will depend on the interest of the membership. So get those contributions in! Please also note that although my address was correctly listed in the last issue (see also below) the fax number was incorrect. My phone number is (212) 982- 6209 or 982-0328 and my fax number is (212) 420-2047. (Important: Be sure to write Attn: Dr. Glass, since the machine is at work, not at home.) Also, please note the deadlines for submissions to the *Newsletter*, which are January 3 for the February issue, March 1, 1995 for the May issue, and July 15 for the August issue. Until next time...

Guy

---

***As far as the Newsletter is concerned, I would like to build upon the foundation laid by David to expand our coverage***



*Art Deco architecture in Miami Beach*

---

Continued from page 1

**49 twin or king rooms @ \$85  
6 suites @ \$135**

Both hotels have pools and the Raleigh has one of the most spectacular pools in all of Miami Beach. Our Hospitality Suite will be located at the Raleigh from Saturday through Thursday. Our Saturday meeting will also be held at the Raleigh. Both hotels have really comparable rooms. The Indian Creek has restored original furnishings. The Raleigh has more modern European flair. Both are also gay-managed properties which will try to make our stay comfortable.

As in Philadelphia, hotel rooms are at a premium. The APA will use rooms across the Causeway in downtown Miami. Rooms will go quickly, so make your reservations early and ask for the AGLP block when you call.

Instead of a closing party, there will be a buffet dinner which will include a presentation of awards. We look forward to a warmer and friendlier closing experience, so plan to attend. Details of this event will follow in the next *Newsletter*...

## President's Column

Margie Sved, M.D.

**I**t was good seeing everyone who was able to attend the September Meeting in D.C. - both the old and new faces. I was delighted to see so many people actively involved in the AGLP committee meetings, and lots of good work was done.

Most exciting were some of the plans for the AGLP Meeting at the APA Meeting in Miami Beach in May 1995. Sal Fusaro, M.D. and Herman Teagno, M.D., Chairs of the Local Arrangements Committee, have found two great places for us. APA has deemed dress for the entire conference "casual," so plan to come to Miami Beach without your ties and/or heels!

The best way to get more involved with AGLP is to start working with one of the current committees. I thought I would use this *Newsletter* column to discuss the various committees and whom to contact about each committee. AGLP has only a few committees designated in the Bylaws, and gives the President the role of creating any committees she wants, appointing the chair of each committee, and determining the committee membership. The current list of committees includes a combination of "topics" (Education, Legal Action) and "constituencies" (Women, People of Color, Early Career). I would like anyone who wants to join any committee(s) to do so; just contact me or the committee chair. I am also willing to create almost any committee someone suggests to me, as long as they are willing to be chair. I would like to see each committee meet sometime during the APA Meeting in May. The easiest place will be the Hospitality Suite, and each committee chair should contact Dr. Dan Hicks to arrange a meeting time.

The **Bylaws Committee**, chaired by Shelly Klinger, M.D., will be presenting changes in the Bylaws during the Meeting in May 1995. If anyone would like to suggest any changes, please contact Shelly (Home: (804) 329-3395 or Work: ((804) 828-4570). If you need a copy of the current Bylaws, last amended in 1989, write or call me.

The **Nominating Committee**, in our current Bylaws, can be the Executive Committee or any other group appointed by the Executive Committee. Most recently, Dr. Peggy Hanley-Hackenbruck chaired a group including several past presidents and representatives from some of our "constituency" groups. I would like to see the Bylaws revision include a process for appointing a Nominating Committee.

The other committees addressed in our current Bylaws are an Issues Committee and an Education Committee. The Issues Committee is now being called the **Legal Action Committee**, with Phil Ballen, M.D. as Chair. There was a form to return in a recent *Newsletter* to participate in a rapid response network when phone calls and/or letters are needed. This will continue to be developed over the next year, and coordination of this will be easier when we have an office in Washington, D.C. The **Education Committee** plans most of the content for the AGLP activities during the APA Annual Meeting. Dan Hicks, M.D. is continuing to coordinate the scheduling for the Hospitality Suite, and Dan Karasic, M.D. is in charge of the Saturday Pre-Convention Program.

---

*The best way to get more involved with AGLP is to start working with one of the current committees.*



Continued from previous page

The **Membership Committee** is chaired by Diana Miller, M.D., and has already distinguished itself as a hard-working committee that continues to work by mail and phone in-between meetings. This Committee, in addition to several efforts to reach potential new members, has taken on many tasks of a Publicity Committee. One of their goals is to have a contact person in every District Branch!

The **Women's Committee** is chaired by Laura Bernay, M.D. This Committee has planned several lesbian events during each Annual APA Meeting, and continues to work to increase the membership of women and their visibility in AGLP.

Gene Nakajima, M.D. is the Chair of the **People of Color Committee**. This Committee also plans events for during the APA Meeting, provides liaisons with other organizations and minority groups within APA, and has planned several workshops at APA and other meetings.

**LAGCAP** (Lesbian and Gay Child and Adolescent Psychiatrists) functions both as an AGLP committee and a separate organization. Drs. Richard Pleak, Gerald Dabbs, and Robert Pinney are contacts. They also meet at Child and Adolescent meetings.

The **Significant Others** group is chaired by Doug Duckett, and coordinates events for s.o.'s during AGLP meetings. They maintain a separate mailing list as well.

**HIV-Positive Psychiatrists**, chaired by Mark Cooper, M.D., provides support for our HIV-infected members, as well as visibility of HIV-related issues. Some of the goals of this Committee include greater representation of HIV-positive psychiatrists on APA committees and components, educating residency training directors about the Americans with Disabilities Act as it applies to HIV, and helping members who have been discriminated against because of HIV status.

**Early Career Psychiatrists** (Chair, Dan Karasic, M.D.), **Residents** (Chair, Ubaldo Leli, M.D.), and **Medical Students** (co-Chairs, Martha Link and Steven Wozniak) provide social, educational and organizational functions and maintain liaisons with other groups in APA and other organizations.

Paul Lynch, M.D. is Chair of the **Psychoanalytic Task Force**. They will be participating in educational programs at AGLP, APA and the American Psychoanalytic Association, as well as providing support to members in analytic training.

**Psychiatric Textbooks Committee**, with Chair Ron Winchell, M.D., is coordinating efforts to review information about homosexuality in psychiatric textbooks and to respond to outdated or inappropriate content.

Again, please feel free to contact me (Home: (919) 851-8851 or Work: (919) 733-9917) if you want to be on any of these committees (or contact the chair) or if you want to create another committee. AGLP becomes stronger as more people become actively involved.

## Medical Student Column

### Martha Link and Steve Wozniak

Greetings from your American Medical Student Association (AMSA) Lesbian, Gay and Bisexual People in Medicine (LGBPM) Task Force Liaisons: Steve Wozniak, presently enjoying the third year routine of sleep deprivation at University of Texas Southwestern, and Martha Link M.S.4-soon-to-be-M.D. at SUNY Health Science Center at Brooklyn.

We encourage any lesbian, gay or bisexual students with even the slightest interest in psychiatry to become involved in AGLP. Contact either of us for information. Membership for students is only \$5 per year, and includes this quarterly *Newsletter*, a Membership Directory, and information about Annual Meeting events. (Editor's Note: see back page for application).

Next year's Annual Meeting is in Miami Beach, May 20 to 25. AGLP continues its tradition of strong support for student involvement with substantial travel scholarships to assist students attending the Meeting. To be considered for this generous help, contact Steve or Martha no later than May 1, 1995, even if your plans are tentative. Likewise, if you need help with housing arrangements in Miami Beach, let us know by February 15, as hotels are expected to fill quickly. We will help coordinate room sharing for out-of-town students.

After two years as Liaison, Martha will move on to residency and we will select a new female Liaison at AMSA's Annual Convention March 9 to 12 in San Francisco. The position is an excellent opportunity to become involved in psychiatry at a national level, to meet leaders active in psychiatry and gay rights, and to meet many of your student colleagues. If you're interested in this great position, contact Martha (before February, when I leave for electives away from Brooklyn) or Steve, or simply come to the San Francisco meeting where the new Liaison will be voted on.

A reminder to medical students to join AMSA's LGBPM Task Force if you haven't already (\$8 per year. Membership list is confidential. Call the AMSA National Office, 1-800-767-2266 for application for AMSA's 19 task forces). The Task Force sponsors many activities relevant to our lives as lesbian, gay and bisexual medical students.

Finally, some personal notes from Martha on the whether-to-be-out-in-residency-applications question. I'm hoping this might be of help to other students facing the issue. Like many present and former fourth-year students, I have debated the question within myself and with others, considering the pros and cons of mentioning my involvement with AGLP and the Task Force, as well as my local LGB group. After months of alternating between "I'll be out about who I am," and "No, I'd rather play it safe even if this perpetuates the pain of hiding myself," deadlines are upon me, and I've ended the debate with a compromise, sending out self-affirmative C.V.'s and personal statements to some programs, and closeted applications to others. My decision on which version to send where is somewhat informed by conversation and literature about the programs. Ultimately, however, the whole thing seems rather arbitrary, but it satisfies my conflicting desires to be honest and open and to protect myself.

The conflict is compounded by an issue that most lesbian, gay and bisexual people face - the wish to be free to be who we are, without the burden of labels. For me, as a bisexual, the burden of labels is greater, requiring efforts to correct the assumption of homosexual identity by both the gay and straight communities, as well as the familiar assumption of heterosexuality by the straight world. My answer to the residency application dilemma is a compromise, just as we compromise daily when we stop short of wearing our preferred identity labels around our necks. And there are limits and burdens, too, of even these chosen labels which are, of course, labels, and, by definition, fall short of who we really are. Let us strive to see beyond the labels, and to see each other instead.

Martha Link:	40 Prospect Park W., #6E, Brooklyn, NY 11215	(718) 832-1267
Steve Wozniak:	3130 N. Hall St., #307, Dallas, TX 75204	(214) 922-0424
	e-mail wozniak@utsw.swmed.edu	

## AGLP Fall Meeting

J.W. Marriott Hotel

Washington, D.C.

September 24, 1994

### I. Introduction

The meeting was called to order at 9:45 AM by President Margery Sved, M.D. Attendees introduced themselves and explained their roles in AGLP and/or APA. Dr. Sved outlined the expected visitors from APA for the morning and the planned agenda for the day.

### II. Reports

Dan Hicks, M.D. reported on July's HIV prevention summit which was hosted by American Association of Physicians for Human Rights(AAPHR) in Dallas. In a study conducted in San Francisco, the infection of young gay men was shown to be increasing again despite education and prevention efforts. We need to continue to demand money for prevention in the gay community. This is an issue of interest to us as gay and lesbian psychiatrists, as some of these young gay men feel hopeless and as if they are not worth saving due to poor self-esteem and internalized homophobia. Marshall Forstein, M.D. added several observations: that competition for funds exists between white gay men and gay men of color, that mental health is an intrinsic part of prevention, that the epidemic is different in the epicenter versus other areas, and that more resources need to be given to maintaining seronegativity. Dr. Forstein felt that the message that prevention involves more than just behavioral interventions really got across. There will be regional conferences to follow.

Larry Prater, M.D. presented the Treasurer's report. Our annual meeting in Philadelphia was less expensive than usual this year, so we still have \$14000 in liquid assets. Dr. Prater noted that we may want to switch our accounts from Los Angeles to Washington, D.C. once we have our office there, and also think about improving our rates of interest and return. Dr. David Scasta raised the point that we have no liability insurance and agreed to look into obtaining it.

Gene Nakajima, M.D. noted that next year's Hospital and Community Psychiatry (H&CP) Conference will be in October in Boston, and that someone would be needed to host a party. AGLP is now also officially an allied organization of H&CP and entitled to a component workshop. He also spoke about the Japanese group OCCUR which is pressuring the Japanese Society of Psychiatry and Neurology to make an official statement that homosexuality is not a mental disorder.(Editor's note: See Announcement section of this *Newsletter*)

Dan Hicks, M.D. reported from the AAPHR meeting in New York. There was controversy over the name AAPHR which was felt by some to be a euphemism. The official name will remain AAPHR, but the organization will also be known as the Gay and Lesbian Medical Association (GLMA, pronounced "glama"). Bob Cabaj, M.D. is the new President; Drs. Hicks, Nakajima, and Mark Townsend are on the board. Next year's conference is in the third week of August in Los Angeles; AGLP members were urged to present workshops. Also of note is that the long-awaited "Homophobia is a Health Hazard" slide show is ready. Elizabeth Harrison, M.D.

Continued on following page

Continued from previous page

attended and discussed the Lesbian Health Project which funded nine studies throughout the country; AGLP members were invited to apply for funds.

Guy Glass, M.D. gave the *Newsletter* report. Dr. Glass and Dr. Andrew Elliott strongly encourage the submission of all materials on IBM-compatible PC disks. Dr. Scasta was given a hearty round of applause for his ten years as Editor.

### III. APA Visitors

Carolyn Robinowitz, M.D., Deputy Medical Director of the APA, came in at 10:10 AM to talk about her resignation, effective the beginning of November. Thanking us for our support, she put to rest rumors that she had been fired, asked to leave because of APA's financial problems, or that she is ill. She spent the year negotiating and could not reach a resolution and felt that now is the right time to make a change. She also noted that our issues are vulnerable right now and that we need to maintain our strength and presence within the organization. This includes our being here at the Fall Meeting, having ongoing contact and being available and visible within the APA. APA is trying to work more closely with the allied organizations, eg. providing staff and office space, and having allied organizations choose component members. APA is also looking at internal priorities, including streamlining of personnel. Dr. Sved then asked Dr. Robinowitz to address the issue of office space for AGLP in Washington; Dr. Robinowitz said that this would fall under the Office of Membership Services (led by Michael Murphy and Dara Schumaier) and could include various services that are to be negotiated. Dr. Scasta asked about Dr. Melvin Sabshin's future as Medical Director; Dr. Robinowitz noted that he has three more years in his contract and that a national search would be set up by the board when he retires. Dr. Forstein thanked Dr. Robinowitz for her support over the years. She noted that everything she has done has come back threefold.

Mary Jane England, M.D., President-Elect of the APA, arrived at 10:35 AM. She noted that her candidacy has been a lightning rod for awareness and fear of change, both from outside and from within the APA. She agreed that AGLP needs to take an active role to be part of APA "strategic planning." Dr. Elliott noted that some residents feel that APA is unresponsive to their needs and they either don't join or they drop out when they finish their residency as the membership fee goes up. Dr. England is aware of this problem and feels that it needs attention. Dr. Nakajima asked how we could help Dr. England since she has been under the gun lately. Dr. England stated that we need to get the facts straight: she gave some of the history of the polarized, painful election which she won. She reiterated that the issues and policies of the APA will come first while she is President. Diana Miller, M.D. asked if there is a role for long-term psychotherapy in the future. Dr. England stated that there is, but that we need to continue to do outcome research to prove that it is effective. Debbie Carter, M.D. asked about a coalition for disaffected groups. Dr. England felt that there is a role for both coalition and mainstreaming. Dr. Forstein expressed his support, and asked that discussions of health care reform focus not only on financial issues but on issues of access and quality as well.

Steven Sharfstein, M.D., Candidate for President-Elect, arrived at 11 AM. He anticipates financial insecurity being a big issue in this campaign. He stated that he knows the APA well, having worked as a Deputy Medical Director for three years. He also has broad clinical and administrative experience, does direct patient care, teaching and supervision at Sheppard and Enoch Pratt Hospital. Dr. Scasta asked whether our issues would take a back seat to financial issues in the present climate. Dr. Sharfstein affirmed that he is open to our issues, and that we need to bring them to him.

Continued on following page

Continued from previous page

After the visitors left, we discussed getting AGLP members appointed to APA components. John O'Donnell, M.D. noted that HIV-positive psychiatrists such as himself were ready to serve and to go public.

#### **IV. Report from the Commission on AIDS**

Dr. Marshall Forstein discussed an interesting meeting with Kristin Gebbie, the retiring AIDS "Czar" who observed, from her perspective, that psychologists are much more visible than psychiatrists. Marshall is working on keeping the budget at an adequate level to continue the important work that the Commission has started.

#### **V. May Meeting Planning (Miami Beach, May 19-25, 1995)**

Gary Kramer, M.D. reported on booth planning and submitted ideas from designers. The booth (which would be reusable from convention to convention) is 10 by 20 feet, with columns and walls for pictures to be hung, and is condensable into a box for easy transport. Total cost \$1450, not including shipping and pictures to hang; we would also have to pay the union to move the booth into the convention center (this cost is unavoidable). Dr. Kramer said he would get a counterbid from another design company, and would try to use our nonprofit status to get us a better deal. This price sounded fair, but we have to make a commitment to staff it with our members as well. The Membership Committee proposed to help whomever is in charge of staffing. Dr. Nakajima suggested asking medical students who get sent for free to the meeting to help with staffing the booth. Dr. Prater stated that although we can afford the booth as things presently stand, the cost of next year's Annual Meeting may be more than expected. Paul Lynch, M.D. made a motion that Dr. Kramer proceed with the plan at a maximum expense of \$1500, Dr. Sal Fusaro seconded it, and it was passed unanimously. Dan Karasic, M.D. was assigned the task of arranging staffing.

Dr. Fusaro then took the floor and reported on hotel space in Miami Beach. The choice of reasonable places is limited. The Shore Club Resort is reopening Columbus Day, is gay-owned, and is willing to do a lot of things for us. It opens onto the beach, is attractive, and has a good range of room rates. It is convenient to the Miami Beach Convention Center and to South Beach, the center of the gay community. The Hospitality Suite, etc. will be free of charge. The Convention Center is also willing to publish an insert with our schedule in their own guidebook for free; this would save us a lot of money. There was discussion of whether to take this offer or to do our own booklet; we agreed that this is a good offer which will save us \$2100. Sal will ask for 350-400 guidebooks to mail out in advance with the April *Newsletter*.

The Awards Banquet was discussed: it was recalled that last year half voted that it be held on Wednesday night, and half on Saturday night. After much discussion, we agreed to do a combined Wednesday night Awards Banquet and Closing Dinner.

At 3:30 PM we broke up for committee meetings for one hour: Bylaws, Hospitality Suite, Membership, Psychoanalytic, and HIV-Positive Psychiatrists.

#### **VI. Committee Reports**

APA Committee on Gay, Lesbian and Bisexual Issues report was given by Shelly Klinger, M.D.: The Reparative Therapy statement continues to be a focus, as was the future of gay and lesbian issues under APA "strategic planning."

Continued on following page

Continued from previous page

APA Committee on Military Psychiatry report was given by Dan Hicks, M.D. The Committee explored issues of confidentiality in the Military and they are asking the new Military District Branch to deal with this. This may need to go as far as the Secretary of Defense.

APA Committee on Women report was given by Margie Sved, M.D. The gender curriculum will be printed soon in *Academic Psychiatry*. Continued difficulties with women and minorities getting promoted were discussed. Women's health is more visible, but it was felt that a push still needed to be made to include mental health and lesbian health. Nada Stotland, M.D. is editor of the psychiatric portion of an Ob-Gyn publication that provides primary care update; if there are issues in women's health you want to write about, let her know ((312) 814-4916)

AGLP Committee on HIV-Infected Psychiatrists report was given by John O'Donnell, M.D.: They plan to have regular columns in our *Newsletter* and in *Psychiatric News*. They strongly feel that an openly HIV-positive person should be on the AIDS commission; Dr. Sved will probably write a letter to that effect.

AGLP Committee on Membership report was given by Diana Miller, M.D.: They plan to target gay and lesbian psychiatrists who belong to other gay organizations but not AGLP, for example AAPHR, LAGCAP (Lesbian and Gay Child and Adolescent Psychiatrists), GLPNY (Gay and Lesbian Psychiatrists of New York), and LGBPM (Lesbian, Gay and Bisexual People in Medicine). We have a standing ad in *Psychiatric News* and could put ads into district branch newsletters. They are looking for contact persons at each district branch for the ads. They have a press release ready to go for Miami Beach, and are working on two flyers: one for the AGLP *Newsletter*, and one for the residents' newsletter of the APA. They are working on getting more articles that will be informative and will mention AGLP into *Psychiatric News* and the district branch newsletters. Dr. Sved was asked to supply a guest editorial in her capacity as President about the allied groups and caucuses. They would also like Dr. Sved to be interviewed for *Psychiatric News* or *Psychiatric Times* about AGLP. The Membership Committee would like to be visible and active throughout the Annual Meeting in Miami Beach. They were given a round of applause for their enthusiastic efforts.

AGLP Committee on Bylaws report was given by David Scasta, M.D.: Changes in the Bylaws will be written this year and presented next May. These include restructuring to create an Executive Committee and a Board rather than committee Chairs. Ubaldo Leli, M.D., AGLP Resident Representative, stated that residents are interested in the Bylaws being changed so that they can assume elected office: eg. Andy Elliott and Guy Glass could not be coeditors because Dr. Elliott is a resident. The Committee will consider this.

AGLP Psychoanalytic Task Force report was given by Dr. Paul Lynch: They are working on hosting a discussion group next May and on contributing to the Saturday program.

AGLP Women's Committee report was given by Laura Bernay, M.D.: They asked for volunteers for the Committee. They will be working on a lesbian dinner and reception in Miami Beach.

Dr. Sved mentioned changing the Membership Directory to include names of significant others, children, and what committees people are on. Dr. Scasta worried that this would compromise confidentiality and suggested that we consider a separate components book.

Continued on following page

Continued from previous page

## VII. Planning Next Year's Fall Meeting

The news that APA will move their Fall Meeting to the weekend rather than Wednesday through Friday forces us to reconsider our Saturday Fall Meeting time. An extensive discussion ensued about whether to stay with APA or move to another organization such as AAPHR. The consensus was that we need to keep our APA presence. Dr. Bernay suggested Sunday and Monday which would be good for people who serve on components. That seemed to make the most sense. Dr. Sved noted that we could still meet with AAPHR at some point and get together three times a year. We will reexamine this question next May.

## VIII. Closing Remarks and Reports

Our paid Washington-based staff person will start sometime between now and January. We'll be sharing someone with APA and Addiction Psychiatry and will have them quarter time.

Dr. Dan Hicks asked members who want to help with Annual Meeting planning to contact him. (Work: (202) 576-1739, Home: (202) 483-3623)

The meeting closed with the traditional review of what people have done in the past year. The meeting was adjourned by President Margery Sved, M.D. at 6 PM.

Respectfully submitted,  
Shelly Klinger, M.D.  
Secretary, AGLP

## 1994 Fall Meeting Highlights



Dr. Carolyn Robinowitz, Deputy Medical Director of APA, and long-time friend of AGLP



Dr. Mary Jane England, President-Elect of APA



Executive Board members and friends meet for breakfast prior to the Fall Meeting

(from left, David Scasta, M.D., Dan Hicks, M.D., Margery Sved, M.D., Shelly Klinger, M.D., Ubaldo Leli, M.D., Andrew Elliott, M.D., Marshall Forstein, M.D., Larry Prater, M.D.)



## RESIDENT'S COLUMN

### Ubaldo Leli, M.D.

I returned from the Fall Meeting of AGLP with the encouraging feeling that the presence of gay and lesbian psychiatrists is becoming visible in many areas, from residency programs to psychoanalytic institutes. The Meeting was carried out in its usual informal atmosphere, conducive to friendships and close contacts being developed between participants. Committees and task forces developed on their activities and focused their efforts on developing plans for the May Meeting. Here follows a tentative agenda of what is in store for residents and medical students in Miami Beach:

The Hospitality Suite will host two main events for the residents: a support/experiential group, and a case conference. Medical students are encouraged to participate. The purpose of the support/experiential group is the sharing of experiences pertaining to being gay, coming out and interacting with supervisors, peers and patients during residency and in medical school. The proposal at the Fall Meeting to conduct a case conference in Miami Beach for residents was received with much enthusiasm. This will be an occasion to discuss in depth transference, countertransference and supervision issues raised by the psychotherapy of patients of all sexual orientations in treatment with gay, lesbian or bisexual residents. The format is still tentative, but will include a presentation of a case by a resident, and a discussion led by two senior psychiatrists sensitive to gay, lesbian and bisexual issues.

I will be organizing the case conference, and recommend that residents interested in presenting a case call me or write to briefly describe their case – three sentences or so – so that a preliminary selection can be made. Meanwhile I am arranging for the discussants. Diana Miller, M.D., a training and supervising analyst from Los Angeles and a member of the Psychoanalytic Task Force of AGLP has already agreed to be a discussant. The search for another discussant is under way and I would appreciate any suggestions in this regard.

I am trying to organize an informal roommate matching service for residents attending the conference in Miami Beach. I will be glad to give the name and telephone number of any resident who requests it to any other resident looking for a roommate. The matched pair should then make reservations themselves with the hotel. (Editor's Note: see page one of this issue of the *Newsletter*.)

The Sunday residents' lunch this year may have to be held in the hotel, rather than at the home of a local gay resident.

Because of the small number of openly gay psychiatric residents in Miami (as per the report of Dr. Sal Fusaro, a member of the local organizing committee), I am having a bit of trouble finding a host for this event. Of course, the host for the lunch can also be a gay medical student or an attending of another specialty. I have contacted AAPHR for help, but I would greatly appreciate input and suggestions from any other sources.

A final important announcement: The search for a female Resident Representative is still underway. Anybody interested can contact Dr. Margie Sved directly.

I wish you all the best in the continuing struggle to affirm our identity.

My address is :  
 Ubaldo Leli, M.D.  
 New York Hospital-Cornell Medical Center  
 Westchester Division  
 21 Bloomingdale Road  
 White Plains, NY 10605

Tel. 914-997-4347  
 Home: 718-834-1599  
 FAX: 914-997-5958

---

## MEMBERSHIP COMMITTEE UPDATE

### Sal Fusaro, M.D.

An announcement regarding AGLP appeared in the North Carolina Psychiatric Newsletter, thanks to the efforts of President Margie Sved, M.D. The Membership Committee has not heard from those of you who volunteered in May to get the membership announcement into your District Branch Newsletter. Let us know what happened; you can fax results to Sal Fusaro, M.D. at (305) 442-4023, or call Dr. Fusaro at (305) 442-4022 or Diana Miller, M.D. at (310) 450-7403 if you are interested in helping.



**ANNOUNCEMENTS.**

The Department of Psychiatry of Mt. Sinai Medical Center in New York City has developed a Group Program for Gays, Lesbians, Bisexuals and their Relatives-Friends under the direction of Milton Wainberg, M.D. This program combines training and clinical work using developmental psychology and family therapy through a short-term group therapy model. Groups being offered will include Coming Out Groups, HIV Negative Groups, Parents and Relatives of Gays and Lesbians Groups, Heterosexual Spouses of Gays and Lesbians Groups, and Gay and Lesbian Couples Groups. If you are interested in participating please contact Dr. Wainberg at (212) 241-9747. If you want to refer potential group members, please call (212) 241-0733.

The Centers for Disease Control and Prevention (CDC) are accepting applications for grants for Violence-Related Injury Prevention Research. This can include research related to suicide and sexual orientation. The deadline is January 13, 1995, and more information is available from Margie Sved, M.D. at (919) 851-8851 or from CDC at (404) 332-4561.

Psychiatrist wanted for HIV/gay and lesbian practice, providing unique opportunity with flexible compensation package. Practice located in South Florida, serves private fee-for-service patients. Consultation-liaison/HIV experience beneficial. Call Carol Fenster (305) 667-1127.

Lesbians Wanted! Participants needed to fill out short survey for lesbian graduate student's dissertation. Anonymity guaranteed. Contact: Lesbian Wellness Survey, UVM-Dewey Hall, Burlington, VT, 05405 or (802) 657-2999.

Gene Nakajima, M.D. is encouraging AGLP members to write letters to the Japanese Society of Psychiatry and Neurology to demand that they start discussing homosexuality immediately (they have chosen to ignore the issue altogether and have not responded to requests that they express an official opinion). Also request that homosexuality no longer be classified as a form of sexual deviance and that a homosexual orientation is not inferior to a heterosexual orientation. Please send letters to The Japanese Society of Psychiatry and Neurology, The Board of Directors, Kokusai Kouryu linkai, Shikkan gainen to Yougo ni Kansuru linkai, Hongo Sky Building, 3-38-11 Hongo Bunkyo-ku, Tokyo 164 Japan. Please also send copies of letters to Association for the Lesbian and Gay Movement, #201 4-43-4 Honcho Nakano-ku, Tokyo 164 Japan.

The American Psychological Foundation requests proposals for the 1995 Wayne F. Placek Awards. The Placek Award is intended to encourage scientific research to increase the general public's understanding of homosexuality and to alleviate the stress that gay men and lesbians experience in this and future civilizations. Proposals are invited for empirical research from all fields of the behavioral and social sciences. Proposals are especially encouraged for empirical studies that address the following topics: heterosexuals' attitudes and behaviors toward lesbians and gay men, including prejudice, discrimination, and violence; family and workplace issues relevant to lesbians and gay men; and subgroups of the lesbian and gay population that have historically been underrepresented in scientific research. Contact APF for more information at (202)336-5824. Deadline for completed applications is April 15, 1995.

## Recent Journal Articles of Interest

Andrew Elliott, M.D.

Geddes, VA. *Lesbian expectations and experiences with family doctors. How much does the physician's sex matter to lesbians?*

Can Fam Phys 1994 May 40: 908-20.

Most lesbians wanted to disclose their sexual orientation to their family physician although some feared lower quality health care upon disclosure. Most preferred a female family doctor, however, regardless of their own sex or sexual orientation, family physicians can provide valuable support to their lesbian patients.

Greene, B. *Ethnic-minority lesbians and gay men: mental health and treatment issues.*

J.Consult Clin Psychol 1994 62(2):243-51.

Reviews literature pertinent to the cultural proscriptions of several ethnic minority groups and their relevance to mental health issues and treatment of gay and lesbian members, as well as a review of potential counter transference dilemmas for therapists.

Haldeman, DC. *The practice and ethics of sexual orientation conversion therapy.*

J.Consult Clin Psychol 1994 62(2): 221-7.

The construct of sexual orientation is examined and the literature in psychotherapeutic and religious conversion therapies is reviewed, showing no evidence indicating that such treatments are effective for their intended purpose. Need to develop empirical data and a more complex model for conceptualizing sexual orientation is discussed.

McHenry, SS and Johnson, JW. *Homophobia in the therapist and gay or lesbian client: Conscious and unconscious collusions in self-hate.*

Psychotherapy 1993 Spr 30 (1): 141-151.

Includes examples of collusions and denial of biases. Recommendations include correcting problems in lack of training and education of mental health professionals and creating ongoing dialogue regarding self-examinations of homophobia among practicing psychotherapists.

Sears, J. *Challenges for educators: Lesbian, gay and bisexual families.*

High School Journal. 1993-94 Oct-Jan 77(1-2):138-156.

Studies on bisexual and homosexual parenting and recommendations for educators on how to reduce homophobia and heterosexism are given.

Smith, GB. *Homophobia and attitudes toward gay men and lesbians by psychiatric nurses.*

Arch Psychiatr Nurs 1993 7(6): 377-84.

Education, religious identification and knowledge of gays and lesbians had positive effects on attitudes and homophobia.

Stevens, PE. *Protective strategies of lesbian clients in health care environments.*

Res Nurs Health 1994 17(3): 217-29.

Protective strategies intended to meet needs for safety characterized lesbians' actions in health care. These included: rallying support, screening providers, seeking mirrors of one's experience, maintaining vigilance, controlling information, bringing a witness, challenging mistreatment and escaping danger.

## AGLP Membership Application Form

Name: \_\_\_\_\_

Degree: \_\_\_\_\_

Preferred first (nick) name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Country: \_\_\_\_\_

Membership Status: \_\_\_\_\_

(Full Member - \$100.00, Associate Member - \$100.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$20.00)

Date membership status changes: \_\_\_\_\_

Are you a member of the American Psychiatric Association?  Yes  No

Special Instructions: \_\_\_\_\_  
 (e.g. label "Personal")

Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members?  
 Yes (Initial) \_\_\_\_\_  No

Do you want to be a NON-CONFIDENTIALLY LISTED referral source?  
 Yes (Initial) \_\_\_\_\_  No

If yes, fill in office address and phone number and list specialty information below.

OPTIONAL

Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Home Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make check out to "AGLP" and mail to:  
 AGLP; 1439 Pineville Rd.; New Hope, PA 18938

Specialty: \_\_\_\_\_

## APPLICATION FORM

Caucus of Lesbian, Gay & Bisexual Psychiatrists

American Psychiatric Association

(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

\* APA Membership Status: \_\_\_\_\_

Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Send this form to: Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005

\* Member-In-Training, General Member, Fellow, Life Member, Life Fellow

